PHYSICAL THERAPIST ORDER FORM

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O South Ogden

O Layton

O Salt Lake City (Brickyard)

O Salt Lake City (State) O Taylorsville (Redwood) O South Jordan **O** Riverton

O Pleasant Grove ${\color{red}O\,\text{Springville}}$



Appointment date and time		Check-in time	Patient DOB	Sex assigned a		Weight
Patient name (as shown on insurance card)		Primary phone # Seco		Secondary phon		
Address		City		State	Zip	
Bring complete insurance information to appointme	ent					
Insurance name		Insurance ID #		Group #	Group #	
OAuto OWorkers' comp O Commercial/Private Date of injury		Pre-authorization/Pre-certification #				
(REQUIRED) Written diagnosis/reason/symptom for exam(s). Must include specific clinical indications (such as location, context and severity) to support medical necessity for each test.						
Is the exam/procedure related to an injury? O No O Yes If yes O Initial O Subsequent or O Sequela						

MRI		X-RAY			
○ IV contrast as clinically indicated by radiologist ○ W/WO contrast ○ No contrast		○ Cervical		VIEWS	
SPINE O Cervical O Upper cervical O Thoracic O Lumbar O Weight bearing study O SI BODY O Abbreviated breast O Breast O Pelvis O Sacrum HEAD O Brain O TBI brain O TBI brain ANDI O TMJ bilateral MRA O Brain O Neck O Other	O Arthrogram O Cartilage m O Knee O Arthrogram O Cartilage m O Ankle O Non-joint O Shoulder O Arthrogram O Cartilage m O Elbow O Wrist O Arthrogram O Hand O Non-joint	OR OL OBIL Tapping OR OL OBIL Tapping OR OL OBIL OR OL OBIL	O Lumbar O Scoliosis s O Chest O Pelvis O Rib O Hip O Knee O Ankle O Foot O Shoulder O Clavicle O AC joint O Elbow O Wrist O Hand	OR OL OBIL	
Arthrograms may he	elp evaluate a tear in	a joint.			

Provider name	Provider address/location	
Provider signature (required) Do not use rub		Date

ORDERING GUIDELINES FOR PHYSICAL THERAPISTS

Arthrograms may help evaluate tear in a joint. IV contrast is not typically used to evaluate a general sports injury. Contrast is usually recommended to evaluate a mass in a joint. If you have questions regarding exams please call to speak to one of our technologists.





MODALITY►	X-RAY	MRI
AREA ▼		IVIKI
CERVICAL	 2 views: AP, Lateral — most common and used for general evaluation 3 views: AP, Lateral, AP Open Mouth (APOM) 4 views: AP, Lateral, Flexion, Extension 5 views: AP, Lateral, APOM, Flexion, Extension 7 views (complete): AP, Lateral, APOM, Flexion, Extension, Lt. Oblique, Rt. Oblique — evaluates all structures and is helpful in post trauma Cervical spine basic principles: APOM view is used to visualize CI-2 specifically Flexion and extension views evaluate instability in spine Oblique views will help to identify possible sources of occlusion that may cause radiating symptoms to the upper extremities 	 Cervical spine without contrast Cervical spine without and with contrast — evaluating for tumor, possible mass, or MS lesions
THORACIC	• 2 views: AP, Lateral	 Thoracic spine without contrast Thoracic spine without and with contrast — evaluating for tumor, possible mass, or MS lesions
LUMBAR	 2 views: AP, Lateral — most common and used for general evaluation 3 views: AP, Lateral, Spot (focused on L5-S1) 4 views: AP, Lateral, Flexion, Extension 6 views: AP, Lateral, Flexion, Extension, Lt. Oblique, Rt. Oblique Lumbar spine basic principles: Flexion and extension views evaluate instability in the spine and help to determine spondylolisthesis Oblique views will help to identify possible sources of occlusion that may cause radiating symptoms to the lower extremities 	 Lumbar spine without contrast Lumbar spine without and with contrast — evaluating for tumor, possible mass, or MS lesions
PELVIS	 1 view: AP — used for evaluating pelvic biomechanical imbalance and general pelvic abnormalities 2 views: AP, frog leg hop (R or L) — evaluates affected hip for degeneration or pathology 	
WRIST	 3 views: AP, Lateral, Oblique 4 views: AP, Lateral, Oblique, Scaphoid 	 Wrist without contrast Wrist cartilage map Wrist arthrogram — used to evaluate for TFCC tear
HAND	3 views: AP, Lateral, Oblique	Hand without contrast
KNEE	 2 views: AP, Lateral 3 views: AP, Lateral, Sunrise 4 views: AP, Lateral, Sunrise, Tunnel 	 Knee without contrast Knee cartilage map — evaluating cartilage surface for stem cell injections
SHOULDER	 2 views: AP, Axial 3 views: AP, Axial, Internal rotation, External rotation 	 Shoulder without contrast — evaluating rotator cuff Shoulder arthrogram — injection assisted exam for evaluating integrity of labrum Shoulder cartilage map — evaluating cartilage surface for stem cell injections
ANKLE	• 3 views: AP, Lateral, Oblique (Mortise)	Ankle without contrastAnkle cartilage map
FOOT	• 3 views: AP, Lateral, Oblique	Foot without contrast Foot without and with contrast — contrast for neuroma or mass

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