

PHYSICAL THERAPIST ORDER FORM

CONTACT

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- South Ogden
- Layton
- Salt Lake City (Brickyard)
- Salt Lake City (State)
- Taylorsville (Redwood)

- South Jordan
- Riverton
- Pleasant Grove
- Springville



Appointment date and time	Check-in time	Patient DOB	Sex assigned at birth <input type="radio"/> M <input type="radio"/> F	Weight
Patient name (as shown on insurance card)	Primary phone #		Secondary phone #	
Address	City	State	Zip	

Bring complete insurance information to appointment

Insurance name	Insurance ID #	Group #
<input type="radio"/> Auto <input type="radio"/> Workers' comp <input type="radio"/> Commercial/Private	Date of injury	Pre-authorization/Pre-certification #

(REQUIRED) Written diagnosis/reason/symptom for exam(s). Must include **specific** clinical indications (such as location, context and severity) to support medical necessity for each test.

Is the exam/procedure related to an injury? No Yes **If yes** Initial Subsequent or Sequela

MRI

Arthrograms may help evaluate a tear in a joint.

SPINE

- Cervical
- Upper cervical
- Thoracic
- Lumbar
 - Weight bearing study
- SI
- Scoliosis

BODY

- Pelvis
- Sacrum
- Whole body screening

HEAD

- Brain
 - TBI
- TMJ bilateral

MRA

- Brain
- Neck
- Other _____

LOWER AND UPPER EXTREMITIES

- Hip R L BIL
 - Arthrogram
 - Cartilage mapping
- Knee R L BIL
 - Arthrogram
 - Cartilage mapping
- Ankle R L BIL
 - Non-joint R L BIL
- Shoulder R L BIL
 - Arthrogram
 - Cartilage mapping
- Elbow R L BIL
- Wrist R L BIL
 - Arthrogram
- Hand R L BIL
 - Non-joint R L BIL

X-RAY

VIEWS

- Cervical _____
- Thoracic _____
- Lumbar _____
- Scoliosis stitching _____
- Chest _____
- Pelvis _____
- Rib R L BIL _____
- Hip R L BIL _____
- Knee R L BIL _____
- Ankle R L BIL _____
- Foot R L BIL _____
- Shoulder R L BIL _____
- Clavicle R L BIL _____
- AC joint R L BIL _____
- Elbow R L BIL _____
- Wrist R L BIL _____
- Hand R L BIL _____
- Other _____

Provider name	Provider address/location	
Provider signature (required)	Do not use rubber stamp.	Date

ORDERING GUIDELINES FOR PHYSICAL THERAPISTS

Arthrograms may help evaluate tear in a joint. IV contrast is not typically used to evaluate a general sports injury. Contrast is usually recommended to evaluate a mass in a joint. If you have questions regarding exams please call to speak to one of our technologists.



OFFICIAL MEDICAL PROVIDER



SKI & SNOWBOARD
OFFICIAL MEDICAL PROVIDER



BOBSLED+
SKELETON
PARTNER



USSPEEDSKATING

MODALITY AREA	X-RAY	MRI
CERVICAL	<ul style="list-style-type: none"> 2 views: AP, Lateral — most common and used for general evaluation 3 views: AP, Lateral, AP Open Mouth (APOM) 4 views: AP, Lateral, Flexion, Extension 5 views: AP, Lateral, APOM, Flexion, Extension 7 views (complete): AP, Lateral, APOM, Flexion, Extension, Lt. Oblique, Rt. Oblique — evaluates all structures and is helpful in post trauma <p>Cervical spine basic principles:</p> <ul style="list-style-type: none"> APOM view is used to visualize C1-2 specifically Flexion and extension views evaluate instability in spine Oblique views will help to identify possible sources of occlusion that may cause radiating symptoms to the upper extremities 	<ul style="list-style-type: none"> Cervical spine <i>without contrast</i> Cervical spine <i>without and with contrast</i> — evaluating for tumor, possible mass, or MS lesions
THORACIC	<ul style="list-style-type: none"> 2 views: AP, Lateral 	<ul style="list-style-type: none"> Thoracic spine <i>without contrast</i> Thoracic spine <i>without and with contrast</i> — evaluating for tumor, possible mass, or MS lesions
LUMBAR	<ul style="list-style-type: none"> 2 views: AP, Lateral — most common and used for general evaluation 3 views: AP, Lateral, Spot (focused on L5-S1) 4 views: AP, Lateral, Flexion, Extension 6 views: AP, Lateral, Flexion, Extension, Lt. Oblique, Rt. Oblique <p>Lumbar spine basic principles:</p> <ul style="list-style-type: none"> Flexion and extension views evaluate instability in the spine and help to determine spondylolisthesis Oblique views will help to identify possible sources of occlusion that may cause radiating symptoms to the lower extremities 	<ul style="list-style-type: none"> Lumbar spine <i>without contrast</i> Lumbar spine <i>without and with contrast</i> — evaluating for tumor, possible mass, or MS lesions
PELVIS	<ul style="list-style-type: none"> 1 view: AP — used for evaluating pelvic biomechanical imbalance and general pelvic abnormalities 2 views: AP, frog leg hop (R or L) — evaluates affected hip for degeneration or pathology 	
WRIST	<ul style="list-style-type: none"> 3 views: AP, Lateral, Oblique 4 views: AP, Lateral, Oblique, Scaphoid 	<ul style="list-style-type: none"> Wrist <i>without contrast</i> Wrist cartilage map Wrist arthrogram — used to evaluate for TFCC tear
HAND	<ul style="list-style-type: none"> 3 views: AP, Lateral, Oblique 	<ul style="list-style-type: none"> Hand <i>without contrast</i>
KNEE	<ul style="list-style-type: none"> 2 views: AP, Lateral 3 views: AP, Lateral, Sunrise 4 views: AP, Lateral, Sunrise, Tunnel 	<ul style="list-style-type: none"> Knee <i>without contrast</i> Knee cartilage map — evaluating cartilage surface for stem cell injections
SHOULDER	<ul style="list-style-type: none"> 2 views: AP, Axial 3 views: AP, Axial, Internal rotation, External rotation 	<ul style="list-style-type: none"> Shoulder <i>without contrast</i> — evaluating rotator cuff Shoulder arthrogram — injection assisted exam for evaluating integrity of labrum Shoulder cartilage map — evaluating cartilage surface for stem cell injections
ANKLE	<ul style="list-style-type: none"> 3 views: AP, Lateral, Oblique (Mortise) 	<ul style="list-style-type: none"> Ankle <i>without contrast</i> Ankle cartilage map
FOOT	<ul style="list-style-type: none"> 3 views: AP, Lateral, Oblique 	<ul style="list-style-type: none"> Foot <i>without contrast</i> Foot <i>without and with contrast</i> — contrast for neuroma or mass

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