

# Pulmonary Embolism AUC 2023 Update

03/14/2023

# Appropriateness of advanced imaging procedures\* in patients with the following suspected or known pulmonary embolism presentations:

\*including CT pulmonary angiography (CTPA), CT, CT venography (CTV), MR angiography (MRA), MRI, MR venography (MRV), Ventilation/perfusion (V/Q) scan, and Perfusion (Q) scan

#### Abbreviation list:

AAFP	American Academy of Family Physicians	MR
ACEP	American College of Emergency Physicians	NIC
ACP	American College of Physicians	
ACR	American College of Radiology	PE
AHA	American Heart Association	PER
ASH	American Society of Hematology	PLE
AUC	Appropriate Use Criteria	SEP
BTS	British Thoracic Society	
СТ	Computed tomography	SPE
CTA	CT angiography	
CTEPH	Chronic thromboembolic pulmonary	THA
	hypertension	
СТРА	Computed tomography pulmonary	V/C
	angiography	VTE
CTS	Canadian Thoracic Society	
CTV	Computed tomography venography	
DVT	Deep vein thrombosis	
ERS	European Respiratory Society	
ESC	European Society of Cardiology	
ESVS	European Society for Vascular Surgery	
IPAH	Idiopathic pulmonary arterial hypertension	
MRA	Magnetic resonance angiography	
MRI	Magnetic resonance imaging	

MRV	Magnetic resonance venography
NICE	National Institute for Health and Care
	Excellence
PE	Pulmonary embolism / embolus
PERC	Pulmonary embolism rule-out criteria
PLE	Provider Led Entity
SEPAR	Spanish Society of Pneumology and Thoracic
	Surgery
SPECT	Single-photon emission computed
	tomography
THANZ	Thrombosis and Haemostasis Society of
	Australia and New Zealand
V/Q	Ventilation/perfusion
VTE	Venous thromboembolism

# **Appropriate Use Criteria: How to Use this Document**

The CDI Quality Institute follows the recommendation framework defined by the Appraisal of Guidelines for Research & Evaluation (AGREE II), AMSTAR 2 (A Measurement Tool to Assess Systematic Reviews) and a modified version of the QUADAS-2 (Quality Assessment of Diagnostic Accuracy Studies) to evaluate the strength of recommendations concerning advanced imaging. Considerations used to determine a recommendation are listed below.

**Primary recommendation (green):** A strong recommendation for initial imaging for this presentation; there is confidence that the desirable effects of imaging outweigh its undesirable effects.

**Alternative recommendation (yellow)**: A conditional recommendation for imaging; the desirable effects of imaging likely outweigh its undesirable effects, although some uncertainty may exist. The individual patient's circumstances, preferences, and values should be considered on a case-by-case basis. This may include: contraindication to the primary recommendation, specific clinical circumstances that require use of the alternative recommendation, or the primary recommendation has results that are inconclusive or incongruent with the patient's clinical diagnosis. Case-by-case indications to consider have been noted in brackets when appropriate.

**Recommendation against imaging (red):** The undesirable effects of imaging outweigh any desirable effects. Additionally, the recommendation may be impractical or not feasible in the targeted population and/or practice setting(s).

# **Suspected Pulmonary Embolism AUC Summary:**

- A validated clinical prediction rule should initially be used to estimate pretest probability or clinical suspicion of patients with a suspected PE or DVT.
   <u>If clinical suspicion of PE is low</u>, the Pulmonary Embolism Rule-Out Criteria (PERC) should be applied to help determine whether any further investigations for PE are needed:
  - In patients who meet all of the PERC, a diagnosis of PE can be excluded without need for D-dimer or advanced imaging.
  - In patients who do not meet all of the PERC, a high-sensitivity D-dimer can determine need for advanced imaging. An elevated (positive) D-dimer indicates that imaging should be obtained.

<u>If clinical suspicion of PE is intermediate</u>, a high-sensitivity D-dimer can determine need for advanced imaging. An elevated (positive) D-dimer indicates that imaging should be obtained. <u>If clinical suspicion of PE is high</u>, imaging should be obtained.

- When advanced imaging is indicated, **CT pulmonary angiography (CTPA)**, or optimized **CT chest** with IV contrast, is typically the procedure of choice.
- Ventilation-Perfusion (V/Q) scanning can also be utilized for imaging suspected PE, particularly when there is contraindication to CTPA or when CTPA is not available. However, there are concerns about its applicability and availability in the outpatient setting. It is indicated as the initial imaging modality for suspected chronic thromboembolic pulmonary hypertension (CTEPH).
- Guidelines have mixed recommendations for the use of **Pulmonary MR angiography** in ruling out PE, and there are concerns about its applicability, expertise, and availability in an outpatient setting. It may be acceptable when the patient is unable to receive CT contrast or when CTPA/CT is indeterminate.
- If deep vein thrombosis of the lower extremities is suspected and expertise is available, **ultrasound** should be utilized. When ultrasound expertise is not available, **CT venography** or **MR venography** can be useful.

# Association of pulmonary embolism and COVID-19:

Patients with COVID-19 often present with symptoms that largely overlap with the presentation of acute PE, resulting in possible underdiagnosis of this relevant complication (*ESC* 2022). Patients with COVID-19 pneumonia are also at increased risk of thromboembolic events, although this risk is relatively low among outpatients (Fang et al 2023; Barnes et al 2020; Poyiadji et al 2020).

At presentation, COVID-19 patients often present with elevated D-dimer levels (Yu et al 2020; Huang et al 2020; Bikdeli et al 2020). Guan et al (2020) reported that D-dimer levels were greater than 0.5mg/L [500ng/mL] in 43% of patients with non-severe illness and 60% of patients with severe illness. Elevation of the D-dimer (e.g., >1µg/mL [>1000ng/mL]) in COVID-19 patients has been found to be associated with poor outcome (Zhou et al 2020; Chen et al 2020)

While D-dimer is significantly elevated in COVID-19 patients with PE compared to COVID-19 patients without PE (Gervaise et al 2020; Leonard-Lorant et al 2020; Bompard et al 2020), an optimal threshold for the presence of PE in COVID-19 patients has not been established. Prospective studies with larger sample sizes are required to obtain appropriate D-dimer cut-off values for COVID-19 patients when PE is suspected (Garcia-Olive et al 2020).

Although D-dimer is typically elevated in COVID-19 patients, many patients still have a normal D-dimer, and the vast majority have D-dimer levels below 1000ng/mL (*ESC* 2022). Therefore, recommended diagnostic algorithms combining pre-test probability assessment and D-dimer can be used in cases of suspected acute PE (*ESC* 2022). Those applying a pre-test probability dependent D-dimer threshold may yield a decent specificity (*ESC* 2022). A normal D-dimer level allows the safe exclusion of PE in COVID-19 patients with a low or intermediate clinical probability for PE. There is no recommendation to use D-dimer as a positive marker of thrombosis, however because of its lack of specificity and the lack of an accurate threshold (Bompard et al 2020).

CT should be performed when there is a potential impact on clinical management, including evaluation of suspected PE (*ESC* 2022). In patients with respiratory distress, lung CT is recommended to evaluate imaging features typical of COVID-19 and differentiate from other causes (e.g., heart failure or PE) (ESC 2022). The *ESC* recommends that CTPA should be performed when unenhanced CT findings cannot explain the severity of respiratory failure (*ESC* 22022).

Ventilation scanning should not be used to diagnose PE in patients with COVID-19, as infection can spread through aerosolization of upper airway secretions (Zuckier et al 2020; Kooraki et al 2020). When imaging is indicated to evaluate for a PE in COVID-19 patients, alternatives to ventilation scanning should be considered such as CTPA, perfusion scanning (if CTPA is contraindicated), or deep vein Doppler studies (if leg symptoms are present) (Zuckier et al 2020; Kooraki et al 2020).

# PICO 1: Low clinical suspicion for PE, or low pretest probability for PE based on a validated clinical prediction rule

# AND

# Patient meets all of the Pulmonary Embolism Rule-Out Criteria (PERC):

- Red CT pulmonary angiography (CTPA) or CT chest with IV contrast
- Red Ventilation-Perfusion lung scan
- Red Perfusion (Q) lung scan
- Red MRI or Pulmonary MR angiography
- Red MR venography or CT venography

# Level of Evidence: High

# Notes concerning applicability and/or patient preferences: none

# Guideline and PLE expert panel consensus summary:

A validated clinical prediction rule (e.g., Wells or Geneva score) should initially be used to estimate the pretest probability of patients with suspected PE (Raja et al [*ACP*] 2015; Streiff et al 2016; Konstantinides et al [*ESC*] 2019; Uresandi et al [*SEPAR*] 2013) or deep vein thrombosis (DVT) (Kakkos et al [*ESVS*] 2021: class I, level C evidence). If clinical suspicion of PE is low, the Pulmonary Embolism Rule-Out Criteria (PERC) should be applied to help determine whether any further investigations for PE are needed (*NICE* 2020; Raja et al [*ACP*] 2015; Lim et al [*ASH*] 2018). In patients who meet all of the PERC, a D-dimer test should not be obtained (Raja et al [*ACP*] 2015) and a diagnosis of PE can be excluded without further diagnostic testing (Wolf et al [*ACEP*] 2018, level B recommendation; Raja et al [*ACP*] 2015; (Tran et al [*THANZ*] 2019, strong recommendation/moderate level of evidence).

# Clinical notes:

- The PERC are not a screening tool and were developed to guide physicians in the care of patients with clinical concern for PE who have a low pretest probability based on validated clinical prediction rules (Raja et al [ACP] 2015).
- The PERC has a sensitivity for PE of 97% and a specificity of 22% the risk of missing a PE by using PERC is only 0.3% (Raja et al [ACP] 2015).
- Radiographs are typically performed in patients with pulmonary symptoms because the differential diagnosis is broad in this patient population (Kirsch et al [ACR] 2022; NICE 2020). Chest radiography is very limited in the assessment for PE, but it may diagnose a pneumothorax, pneumonia, or other condition (Kirsch et al [ACR] 2022).

# Evidence update:

No articles were identified in the 2021 update that have impact on the guideline summary and recommendations listed above.

PICO 2: Normal (negative) plasma high sensitivity D-dimer test with either:

- Low clinical suspicion for PE, or low pretest probability for PE based on a validated clinical prediction rule in patients who do not meet all the PERC; or
- Intermediate clinical suspicion for PE, or intermediate pretest probability for PE based on a validated clinical prediction rule.
- Red CT pulmonary angiography (CTPA) or CT chest with IV contrast
- Red Ventilation-Perfusion lung scan
- Red Perfusion (Q) lung scan
- Red MRI or Pulmonary MR angiography
- Red MR venography or CT venography

# Level of Evidence: High

# Notes concerning applicability and/or patient preferences: none

# Guideline and PLE expert panel consensus summary:

A validated clinical prediction rule (e.g., Wells or Geneva score) should initially be used to estimate the pretest probability of patients with suspected PE (Raja et al [*ACP*] 2015; Streiff et al 2016; Konstantinides et al [*ESC*] 2019; Uresandi et al [*SEPAR*] 2013) or DVT (Kakkos et al [*ESVS*] 2021: class I, level C evidence). If clinical suspicion of PE is low, the Pulmonary Embolism Rule-Out Criteria (PERC) should be applied to help determine whether any further investigations for PE are needed (*NICE* 2020; Raja et al [*ACR*] 2015; Lim et al [*ASH*] 2018). In patients who do not meet all of the PERC with low pretest probability/clinical suspicion, or in patients with intermediate pretest probability, clinicians should obtain plasma high-sensitivity D-dimer testing (Raja et al [*ACP*] 2015; Konstantinides et al [*ESC*] 2019, class I recommendation; *NICE* 2020; Lim et al [*ASH*] 2018). A negative D-dimer or, in patients older than 50 years, a D-dimer level below the age-adjusted cutoff, rules out PE in those deemed to be low or intermediate risk for acute PE, and no additional testing or anticoagulation is required (Kirsch et al [*ACR*] 2012; Lim et al [*ASH*] 2019, strong recommendation/high level of evidence). Clinicians should not use imaging studies as the initial test [in lieu of a D-dimer test] in patients with low or intermediate pretest probability of PE (Raja et al [*ACP*] 2015; Waxman et al [*SNMMI*] 2017).

# Clinical notes:

- The PERC are not a screening tool and were developed to guide physicians in the care of patients with clinical concern for PE who have a low pretest probability based on validated clinical prediction rules (Raja et al [ACP] 2015).
- PERC has a sensitivity for PE of 97% and a specificity of 22%. The risk of missing a PE by using PERC is 0.3% (Raja et al [*ACP*] 2015).
- The following D-dimer recommendations pertain to the use of a highly sensitive (> 95%) D-dimer assay (e.g., ELISA, ELFA, immunoturbidimetric or other immunoassays) (Raja et al [*ACP*] 2015; Konstantinides et al [*ESC*] 2019; Riley et al 2016; Uresandi et al [*SEPAR*] 2013):

- A generally accepted cutoff value for many D-dimer assays is 500ng/mL, however, reference ranges and cutoff values for D-dimer may vary by performing laboratory (Parry et al 2018; Riley et al 2016).
- Point-of-care tests have a lower sensitivity and negative predictive value compared with laboratory-based D-dimer tests and should only be used in patients with a low pre-test probability (Konstantinides et al [*ESC*] 2019). When offering D-dimer testing for suspected DVT or PE, consider a point-of-care test if laboratory facilities are not immediately available. If using a point-of care D-dimer test, choose a fully quantitative test (*NICE* 2020).
- When using a point-of-care or laboratory D-dimer test, consider an age-adjusted D-dimer test threshold for people aged over 50 (e.g., age x 10 ng/mL versus 500ng/mL when possible) (*NICE* 2020; Raja et al [*ACP*] 2015). The use of age-adjusted thresholds is as safe as the standard cutoff and increases the diagnostic utility of the test (van Es et al 2016; Konstantinides et al [*ESC*] 2019; Woller et al 2014; Wilts et al 2017; Lim et al [*ASH*] 2018). Using a strategy of adjusting the D-dimer for age modestly increases the proportion of patients with a negative D-dimer result, which may reduce the need for advanced imaging in approximately 5% to 10% of patients, without a significant increase in missed cases of PE (Wolf et al [*ACEP*] 2018).
- Since D-dimer levels are elevated in any significant thrombotic process, their ability to predict the presence of pulmonary embolism and/or deep venous thrombosis is decreased in patients with recent surgery, significant trauma, cancer, or renal failure (e.g., Lindner et al 2014).
- Radiographs are typically performed in patients with pulmonary symptoms because the differential diagnosis is broad in this patient population (Kirsch et al [ACR] 2022; NICE 2020). Chest radiography is very limited in the assessment for PE, but it may diagnose a pneumothorax, pneumonia, or other condition (Kirsch et al [ACR] 2022).

# Evidence update (2014-present):

# High Level of Evidence:

Freund et al (2021), in a multicenter, cluster-randomized crossover trial, sought to prospectively validate the safety of a strategy combining the YEARS rule with PERC rule and an age-adjusted D-dimer threshold. A total of 1,414 patients (mean age 55) from 18 emergency departments with either low risk of PE not excluded by the PERC rule or intermediate risk of PE were included. Each center was randomized to an intervention sequence. In the intervention period (n = 726), PE was excluded without chest imaging in patients with no YEARS criteria and D-dimer < 1000 ng/mL and in patients with > 1 YEARS criteria and D-dimer less than the age-adjusted threshold. In the control period (n = 688), PE was excluded without chest imaging If D-dimer was less than age-adjusted threshold only. The primary end point was VTE at 3 months, and there were 8 secondary end points, including ED length of stay, hospital readmission, and all-cause death. A total of 100 patients (7.1%) were diagnosed with PE in the ED. At 3 months, VE was diagnosed in 1 patient (0.15%) in the intervention group and 5 patients (0.80%) in the control group. Of 6 analyzed secondary end points, subsequent chest imaging (30 vs. 40%) and ED median length of stay showed a statistically significant difference between the two groups. The authors conclude that a strategy of combining the YEARS rule with an age-adjusted D-dimer cutoff resulted in a noninferior proportion of VTEs at 3 months compared with a conventional strategy and was associated with a statistically significant reduction in chest imaging use.

Crawford et al (2016), in a meta-analysis, concluded that a negative D-dimer test is valuable in ruling out PE in patients presenting to the emergency setting with a low pre-test probability. They noted high levels of false-positive results, especially among those > age 65, with estimates of specificity from 23%

to 63%. No empirical evidence was available, however, to support an increase in the diagnostic threshold of interpretation of D-dimer results for those over the age of 65 years.

#### Moderate Level of Evidence:

Patel et al (2021), in a systematic review and meta-analysis of 22 studies (total n = 15,865), assessed the outcomes of patients with suspected PE evaluated by various diagnostic pathways to determine the frequency of such outcomes. Two investigators independently extracted data, which was stratified by PTP and by patients who were anticoagulated compared vs. those not anticoagulated. Results found that in patients with a low PTP and negative D-dimer, mortality from PE at 3-month follow-up was 0% (0/808) and VTE incidence was 0.37% (4/1094). In patients with intermediate PTP and negative D-dimer, mortality at 3-month follow-up from PE was 0% (0/2747) and the incidence of VTE was 0.46% (14/3015; 95%CI: 0.22-0.71). In patients with negative age-adjusted D-dimer and low to intermediate PTP, mortality from PE at 3-month follow-up was 0% (0/331) and the incidence of VTE was 0.30% (1/331; 95% CI: 0-0.89). In patients with intermediate PTP and negative CTPA, mortality from PE at 3-month follow-up was 0.13% (1/748; 95% CI: 0-0.40) and incidence of VTE was 0.27% (2/748; 95% CI: 0-0.64). Finally, in patients with high PTP and negative CTPA, mortality from PE at 3-month follow-up was 0% (0/651) and the incidence of VTE was 0.84% (11/1302; 95% CI: 0.35-1.34).

Patel et al (2020), in a systematic review and meta-analysis of 61 studies, reviewed the accuracy of Ddimer assay, compression ultrasonography (CUS), CTPA, and V/Q scanning for the diagnosis of suspected first and recurrent PE. Pooled estimates for D-dimer revealed sensitivity and specificity of 0.97 (95% CI, 0.96-0.98) and 0.41 (95% CI, 0.36-0.46) respectively. CTPA sensitivity and specificity were 0.94 (95% CI, 0.89-0.97) and 0.98 (95% CI, 0.97-0.99) and CUS sensitivity and specificity were 0.49 (95% CI, 0.31-0.66) and 0.96 (95% CI, 0.95-0.98). V/Q scans for which high probability scans were considered positive and low/nondiagnostic/normal scans were considered negative had a sensitivity and specificity of 0.58 (95% CI, 0.50-0.66) and 0.98 (95% CI, 0.96-0.99). The authors conclude that D-dimer had the highest sensitivity when compared with imaging, while CTPA and V/Q scans both had the highest specificity.

Kearon et al (2019), in a prospective study, tested the strategy of ruling out PE in 2,017 outpatients with a low pretest probability (PTP) and D-dimer level < 1,000 ng/mL, and in those with a moderate PTP and D-dimer level < 500ng/mL. A total of 7.4% of patients had PE on initial diagnostic testing. Of the 1,325 patients with low (n = 1,285) or moderate (n = 40) PTP and negative D-dimer, none had venous thromboembolism during follow-up (95% CI, 0.00 to 0.29%), including 315 patients with low PTP and D-dimer level of 500-999ng/mL (95% CI, 0.00 to 1.20%). The authors state that this diagnostic strategy (low PTP and D-dimer < 1,000ng/mL) resulted in use of chest imaging in 34.4% of patients, while a strategy of ruling out PE with low PTP and D-dimer < 500ng/mL would result in use of chest imaging in 51.9% (difference, -17.6 percentage points; 95% CI, -19.2 to -15.9). The authors conclude that use of this Pulmonary Embolism Graduated D-dimer (PEGeD) algorithm substantially reduced the number of chest-imaging studies performed in patients with suspected PE.

### Low Level of Evidence:

Glober et al (2019), in a retrospective study, reviewed 8,486 emergency department visits for suspected PE, including 3,523 visits where both a D-dimer and imaging were ordered. D-dimer was positive ( $\geq$  240ng/mL) in 2,253 of these visits, yielding 198 PEs. A DAGMAR (D-dimer Assay-Guided Moderation of Adjusted Risk) Score was developed, with points predictive of PE designated positive values and points predictive of positive D-dimer designated negative values. A DAGMAR Score < 2 equated to overall PE risk < 1.2%, and specificity improved (38% to 59%) without compromising sensitivity (94% to 96%). Use of the DAGMAR Score, and consideration of factors that affect both D-dimer and PE, would have

reduced CT scans from 2,253 to 1,556 and led to fewer false negative results.

McLenachan et al (2019) retrospectively compared the sensitivity and specificity of varying D-dimer cutoffs in the diagnosis of PE for 2,291 patients, of whom 2,125 were Wells "low risk". A total of 46 (2.2%) patients had a PE. Sensitivity and specificity for each D-dimer threshold were: traditional threshold (95.6% and 65.6%), age-adjusted (93.5% and 71.7%), doubled traditional (69.6% and 85.5%) and YEARS criteria (80.4% and 84.0%). Utilizing an age-adjusted threshold, YEARS criteria, or doubled-traditional threshold would have resulted in 70, 217 and 245 fewer imaging investigations. The authors conclude that age-adjusted D-dimer provided good specificity, saved significant scans, and maintained high sensitivity when compared to YEARS and doubled-traditional threshold.

Sharif et al (2019) retrospectively compared the efficacy and safety of using age-adjusted D-dimer interpretation, clinical probability-adjusted D-dimer interpretation, and standard D-dimer approach to exclude PE in 1,075 emergency department patients deemed low or moderate probability. PE was excluded in 70.4% (95% CI 67.6–73.0%), 80.3% (95% CI 77.9–82.6%) and 68.9%; (95% CI 65.7–71.3%) with the age-adjusted, clinical probability-adjusted and standard D-dimer approach. The negative predictive values (NPVs) were 99.7% (95% CI 99.0–99.9%), 99.1% (95% CI 98.3–99.5%) and 100% (95% CI 99.4–100.0%) respectively. The authors conclude that the clinical probability-adjusted rule appears to exclude PE in a greater proportion of patients, with a very small reduction in NPV.

Lindner et al (2014) conducted a retrospective study to determine the diagnostic accuracy of D-dimer to rule out PE in 1,305 emergency department patients with renal insufficiency, in which D-dimer can be elevated. All patients had CTPA and D-dimer to work-up potential PE. Sensitivity of D-dimer for patients with an eGFR > 60 mL/min was 96% (95% CI: 0.93–0.99) and 100% (95% CI: 100-100%) for those with 30-60 mL/min eGFR, though specificity decreased significantly with impaired renal function. Because almost all patients with impaired renal function had elevated D-dimer irrespective of the presence of PE, the authors posit that future studies should be performed to determine renal function-adjusted D-dimer cutoffs for PE.

PICO 3: Elevated (positive) plasma high sensitivity D-dimer test with either:

- Low clinical suspicion for PE, or low pretest probability for PE based on a validated clinical prediction rule in patients who do not meet all the PERC; or
- Intermediate clinical suspicion for PE, or intermediate pretest probability for PE based on a validated clinical prediction rule.
- Green CT pulmonary angiography (CTPA) or CT chest with IV contrast
- Yellow Ventilation-Perfusion lung scan (planar V/Q, V/Q SPECT, or VQ SPECT/CT)
- Yellow Perfusion (Q) lung scan
   [patient unable to undergo CT and unable to undergo V/Q scan]
- Yellow Pulmonary MR angiography
  [patient unable to undergo CT; or when previous CT is indeterminate]
- Yellow CT venography or MR venography (lower extremities) [suspect DVT and ultrasound not available]
- Red CT chest without IV contrast or CT chest without and with IV contrast
- Red MRI chest

# Level of Evidence: High

<u>Notes concerning applicability and/or patient preferences</u>: Consulting and reporting requirements are not required for orders for applicable imaging services made by ordering professionals under the following circumstances (42 C.F.R. § 414.94. 2015):

- Emergency services when provided to individuals with emergency medical conditions.
- For an inpatient and for which payment is made under Medicare Part A.

V/Q SPECT and V/Q SPECT/CT were downgraded from green to yellow despite favorable accuracy in recent reports (Hess et al 2016; Kan et al 2015; Phillips et al 2015; Stubbs et al 2017) because of concern surrounding the applicability and availability of this technology in the community outpatient setting (PLE expert panel consensus opinion).

Pulmonary MRA was downgraded from green to yellow despite favorable accuracy reported in the recent studies (Chen et al 2017; Squizzato et al 2017; and Pasin et al 2017) because of concerns about the applicability, expertise, and availability of emergent pulmonary MRA in an outpatient setting. Pulmonary MRA was also downgraded because of concerns over the rate of nondiagnostic MRI studies which was reported to be 6.3-30.3% in three of the studies in the Squizzato et al 2017 review, and 18.89% in the Zhou et al 2015 study. The use of MRI is also limited by concerns over the need to exclude patients with electrical implants, metallic implants, and foreign bodies. The expert panel thought that if pulmonary MRA is to be performed to exclude PE, it should only be done in MRI centers with high field strength MRI systems, experience, and appropriate clinical expertise in pulmonary imaging (PLE expert panel consensus opinion).

# Guideline and PLE expert panel consensus summary:

A validated clinical prediction rule (e.g., Wells or Geneva score) should initially be used to estimate the pretest probability of patients with suspected PE (Raja et al [ACP] 2015; Streiff et al 2016; Konstantinides

et al [*ESC*] 2019; Uresandi et al [*SEPAR*] 2013) or DVT (Kakkos et al [*ESVS*] 2021: class I, level C evidence). If clinical suspicion of PE is low, the Pulmonary Embolism Rule-Out Criteria (PERC) should be applied to help determine whether any further investigations for PE are needed (*NICE* 2020; Raja et al [*ACR*] 2015; Lim et al [*ASH*] 2018). In patients who do not meet all of the PERC with low pretest probability/clinical suspicion, or in patients with intermediate pretest probability, clinicians should obtain plasma high-sensitivity D-dimer testing (Raja et al [*ACP*] 2015; Konstantinides et al [*ESC*] 2019, class I recommendation; *NICE* 2020; Lim et al [*ASH*] 2018). If D-dimer is not readily available, alternative acceptable strategies include performing CTPA or VQ scan alone (Lim et al [*ASH*] 2018). In patients with an elevated D-dimer level, imaging should be obtained (Raja et al [*ACP*] 2015; *NICE* 2020; Lim et al [*ASH*] 2018), as a positive D-dimer result alone is not diagnostic of venous thromboembolism (Tran et al [*THANZ*] 2019; Lim et al [*ASH*] 2018).

### CT Pulmonary Angiography (CTPA) or CT Chest with IV contrast:

Both highly sensitive and specific, CTPA is a first-line diagnostic imaging tool after D-dimer for suspected PE (Kirsch et al [*ACR*] 2022; Lim et al [*ASH*[ 2018). When available and without contraindication, CTPA [or optimized CT chest with IV contrast] is the procedure of choice to evaluate for PE in patients with positive D-dimer tests, or in patients with clinical suspicion for PE in whom D-dimer testing is not available (Raja et al [*ACP*] 2015; Konstantinides et al [*ESC*] 2019; *NICE* 2020; Lim et al [*ASH*] 2018; Tran et al [*THANZ*] 2019, GRADE: Strong; Evidence, High; Beache et al [*ACR*] 2020). A diagnosis of PE can be rejected (without further testing) if CTPA is normal in a patient with low or intermediate clinical probability, or if the patient is otherwise PE-unlikely (Konstantinides et al [*ESC*] 2019, class I recommendation; Lim et al [*ASH*] 2018; Tran et al [*THANZ*] 2019, strong recommendation/high level of evidence). This strategy also applies to patients with suspected recurrent PE and an unlikely pretest probability (Lim et al [*ASH*] 2018).

# V/Q Scanning:

Despite the high negative predictive value of a normal V/Q scan, its use has diminished considerably with the widespread use of CTPA (Kirsch et al [*ACR*] 2022). However, for patients with low or intermediate pretest probability of PE who require additional testing after D-dimer, V/Q scanning can be used (Beache et al [*ACR*] 2020; Lim et al [*ASH*] 2018; Waxman et al [*SNMMI*] 2017), particularly when CTPA is contraindicated (e.g., renal impairment or contrast allergy) or not available (Raja et al [*ACP*] 2015; *NICE* 2020; Tran et al [*THANZ*] 2019, GRADE: Strong; Evidence, High). V/Q scanning has a high negative predictive value; a normal VQ scan excludes PE in patients with a low or intermediate clinical likelihood of PE, and no additional testing is recommended (Tran et al [*THANZ*] 2019, strong recommendation/high level of evidence; Konstantinides et al [*ESC*] 2019, class I recommendation). There is, however, a high proportion of nondiagnostic studies with V/Q scanning and V/Q scanning is unable to offer an alternative diagnosis (Kirsch et al [*ACR*] 2022).

V/Q scanning may also be preferred over CTPA to avoid unnecessary radiation, particularly in pregnant patients or in those where thoracic CT might raise the lifetime risk of breast cancer (Konstantinides et al [*ESC*] 2019). V/Q scanning may be appropriate for lower extremity clots previously detected on ultrasound, but only when PE is likely and V/Q results are expected to change current therapy (Waxman et al [*SNMMI*] 2017; PLE expert panel consensus opinion).

Imaging protocols for V/Q scanning have evolved, and in some cases, perfusion (Q) scanning alone may be appropriate (e.g., patient cannot cooperate for ventilation imaging, known or suspected COVID-19) (Kirsch et al [ACR] 2022; Waxman et al [*SNMMI*] 2017; Zuckier et al 2020; Kooraki et al 2020).

In patients with recent/prior documentation of PE (and suspected new PE), V/Q scan is appropriate if the prior diagnosis of PE was made with a V/Q scan. If prior imaging was with CTPA, V/Q scan is rarely considered to be appropriate (Waxman et al [*SNMMI*] 2017).

The *European Association of Nuclear Medicine (EANM*) recommends that V/Q SPECT be used as it has been shown to outperform planar V/Q. The authors of the *ECS/ERS* 2019 guideline state, however, that the evidence supporting the use of V/Q SPECT with or without CT is limited, and conclude that large prospective studies are needed to validate SPECT techniques (Konstantinides et al [*ESC*] 2019).

# Pulmonary MR angiography:

While MRA can identify emboli in the central and segmental pulmonary arteries among patients with low or intermediate probability and positive D-dimer, it is used far less commonly than CPTA and there can be limited access issues for the patient (Kirsch et al [*ACR*] 2022). In general, the guideline consensus on MRA for PE is mixed, with some stating its use is not recommended (Konstantinides et al [*ESC*] 2019, class III recommendation/level A evidence; Uresandi et al [*SEPAR*] 2013), and others noting its potential use if pulmonary embolism is being considered (Kirsch et al [*ACR*] 2022; Beache et al [*ACR*] 2020). A recent systematic review/meta-analysis indicates that pulmonary MRA using newer techniques has a similar accuracy to CT for large vessel pulmonary embolism, and may have a higher sensitivity for subsegmental pulmonary embolism (Chen et al 2017). As such, pulmonary MRA may be acceptable in patients who are unable to undergo CT, or when CTPA/CT chest is unable to rule out PE in the main, lobar, or segmental arteries (PLE expert panel consensus opinion).

# Ultrasound:

Ultrasound is the initial modality of choice for suspected deep vein thrombosis (DVT) (Kirsch et al [ACR] 2022; Hanley et al [ACR] 2018; Kakkos et al [ESVS] 2021: class I, level C evidence). Lower-limb ultrasound has largely replaced venography for diagnosing DVT, with a sensitivity of > 90% and a specificity of 95% for proximal symptomatic DVT (Konstantinides et al [ESC] 2019). While a negative ultrasound extremity study does not exclude PE, it significantly decreases its likelihood (Kirsch et al [ACR] 2022). When DVT is suspected, but a validated clinical prediction rule indicates it is unlikely, clinicians should first offer a Ddimer test, followed by a proximal or whole-leg ultrasound scan if the result is positive (NICE 2020; Kakkos et al [ESVS] 2021: class I, level C evidence). If D-dimer is not readily available, alternative acceptable strategies include performing ultrasound alone (Lim et al [ASH] 2018). In patients with low pretest probability and a negative ultrasound, no additional testing is recommended (Lim et al [ASH] 2018). For patients with suspected DVT and an intermediate or likely pretest probability, the ASH guideline panel suggests using whole leg ultrasound, or starting with proximal lower extremity ultrasound (Lim et al [ASH] 2018). For patients with suspected DVT with a likely pre-test probability and negative compression ultrasound scanning, repeat ultrasound assessment should be considered after 5-7 days (Kakkos et al [ESVS] 2021: class IIa, level C evidence). For patients with symptomatic calf deep vein thrombosis not receiving anticoagulation, clinical re-assessment and repeat whole leg ultrasound after one week is recommended (Kakkos et al [ESVS] 2021: class I, level B evidence).

# CT Venography or MR venography:

Because CT uses ionizing radiation, compression ultrasound should be preferred over CT to exclude the presence of DVT (Kirsch et al [*ACR*] 2022). However, if ultrasound capability or expertise is not available, CT venography may be appropriate for suspected DVT (Hanley et al [*ACR*] 2018). For patients with suspected proximal deep vein thrombosis where ultrasound assessment is inconclusive or not feasible, computed tomography venography or magnetic resonance venography should be considered (Kakkos et al [*ESVS*] 2021: class IIa, level C evidence). CT venography is not recommended as an adjunct to CTPA (to

increase the diagnostic yield) (Konstantinides et al [*ESC*] 2019, grade III recommendation/level B evidence; Uresandi et al [*SEPAR*] 2013). MR venography (MRV) is a noninvasive alternative to contrast catheter venography (Hanley et al [*ACR*] 2018).

# Pulmonary arteriography:

Pulmonary angiography is not free of risk and is rarely performed now as less-invasive CT angiography offers similar diagnostic accuracy (Konstantinides et al [*ESC*] 2019). Pulmonary angiography is invasive and should only be used in patients in whom the diagnosis is uncertain after V/Q scanning [and ultrasound of the lower extremity], or if CTPA is inadequate to rule out a PE in the main or lobar artery (Raja et al [*ACP*] 2015; PLE expert panel consensus opinion).

# Clinical notes:

- For patients with suspected PE in whom diagnostic imaging is required, baseline chest radiographs should be obtained in all patients with pulmonary symptoms to exclude other causes for the patient's symptoms and signs and potentially avoid further diagnostic imaging (Kirsch et al [ACR] 2022; NICE 2020; Lim et al [ASH] 2018).
- The PERC are not a screening tool and were developed to guide physicians in the care of patients with clinical concern for PE who have a low pretest probability based on validated clinical prediction rules (Raja et al [ACP] 2015). PERC should not be applied to patients at intermediate or high risk for PE (Raja et al [ACP] 2015).
- When offering D-dimer testing for suspected DVT or PE, consider a point-of-care test if laboratory facilities are not immediately available. If using a point-of care D-dimer test, choose a fully quantitative test (*NICE* 2020).
- These following recommendations pertain to the use of a highly sensitive (>95%) D-dimer assay (e.g., ELISA, ELFA, immunoturbidimetric or other immunoassays) (Raja et al [*ACP*] 2015; Konstantinides et al [*ESC*] 2019; Riley et al 2016; Uresandi et al [*SEPAR*] 2013):
  - Point-of-care assays have a lower sensitivity and negative predictive value compared with laboratory-based D-dimer tests and should only be used in patients with a low pretest probability (Konstantinides et al [*ESC*] 2019).
  - When using a point-of-care or laboratory D-dimer test, consider an age-adjusted D-dimer test threshold for people aged over 50 (*NICE* 2020).
  - A generally accepted cutoff value for many D-dimer assays is 500ng/mL, however, reference ranges and cutoff values for D-dimer may vary by performing laboratory (Riley et al 2016).
  - As an alternative to the fixed D-dimer cut-off, a negative D-dimer test using an ageadjusted cut-off (age x 10ug/L [10ng/mL], in patients aged > 50 years) should be considered for excluding PE in patients with low or intermediate clinical probability, or those that are PE-unlikely (Konstantinides et al [*ESC*] 2019. The use of age-adjusted thresholds maintains the sensitivity for PE above 97% while increasing the specificity (van Es et al 2016).
  - As an alternative to the fixed or age-adjusted D-dimer cut-off, D-dimer levels adapted to clinical probability should be considered to exclude PE (patients without clinical items and D-dimer levels < 1000ng/mL, or in patients with one or more clinical items and D-dimer levels < 500ng/mL (Konstantinides et al [*ESC*] 2019).
- If prior imaging is available, comparison of the previous and current imaging is warranted to determine whether the findings are new and represent recurrent PE (Lim et al [*ASH*] 2018).

- As many as 80% of PE cases are associated with DVT (Kirsch et al [ACR] 2022). For patients diagnosed with DVT, the prevalence of clinically silent PE increases with age, and is higher in patients with proximal DVT, compared with those with calf DVT (Kakkos et al [ESVS] 2021). However, for patients with DVT, routine investigation for occult PE in the absence of symptoms or signs is not recommended (Kakkos et al [ESVS] 2021: class III, level C evidence).
- Lower extremity ultrasound may be beneficial in:
  - Patients with symptoms of acute PE and DVT (Raja et al [*ACP*] 2015; Konstantinides et al [*ESC*] 2019);
  - Patients being evaluated for acute PE with indeterminate or nondiagnostic CTPA or V/Q scans (PLE expert panel consensus opinion);
  - Patients in whom V/Q scanning cannot be done (Raja et al [ACP] 2015); or

# Evidence update (2014-present):

# High Level of Evidence:

Hess et al (2016), in a systematic review and meta-analysis, reported the diagnostic performance of single-photon emission computed tomography (V/Q SPECT) with or without additional low-dose CT (SPECT/CT) and CT angiography (CTA). Eight articles met inclusion criteria. The authors concluded that V/Q SPECT, V/Q SPECT/CT, and CTA are all viable options, but consider V/Q SPECT/CT to be superior in most clinical settings with better overall diagnostic performance. Pooled sensitivities of V/Q SPECT/CT vs. CTA was (97.6 vs. 82.0%), specificities (95.9 vs. 94.9%), positive predictive values (93.0 vs. 93.8%), negative predictive values (98.6 vs. 84.7%), and accuracies (96.5 vs. 88.6%).

Fabiá Valls et al (2015) reported on a meta-analysis of four prospective studies evaluating a diagnostic algorithm using clinical prediction rules, D-dimer testing and CTPA in consecutive patients with clinically suspected PE and a history of VTE. Four studies concerning 1,286 patients were included with a pooled baseline PE prevalence of 36% (95% confidence interval [CI] 30–42). In only 217 patients (15%; 95% CI 11–20) PE could be excluded without CTPA. The three-month VTE incidence rate was 0.8% (95% CI 0.06–2.4) in patients managed without CTPA, 1.6% (95% CI 0.3–4.0) in patients in whom PE was excluded by CTPA and 1.4% (95% CI 0.6–2.7) overall. In the pooled studies, PE was safely excluded in patients with a history of VTE based on a CPR followed by a D-dimer test and/or CTPA, although the efficiency of the algorithm is relatively low compared to patients without a history of VTE (high level of evidence). One of these studies explicitly excluded patients with ongoing anticoagulation therapy. Two studies excluded patients on vitamin K antagonists. It is assumed that the final study also excluded patients with long term anticoagulant therapy as anticoagulant therapy was withheld in patients with low probability and normal D-dimer levels.

Kan et al (2015), in a systematic review/meta-analysis, concluded that V/Q SPECT is an accurate method in acute PE patients with high sensitivity and high specificity in the diagnosis of PE. Nine studies met the inclusion criteria. The pooled sensitivity and specificity of V/Q SPECT in the diagnosis of acute PE patients, calculated on a per-patient-based analysis, was 96% (95% confidence interval 95-97%), and 97% (95% CI, 96-98%) respectively. The pooled negative LR, positive LR of V/Q SPECT in acute PE patients was 0.06 (range, 0.02-0.19) and 16.64 (range, 9.78-31.54). The area under the ROC curve of V/Q SPECT in the diagnosis of acute PE patients was 0.99.

# Moderate Level of Evidence:

Patel et al (2021), in a systematic review and meta-analysis of 22 studies (total n = 15,865), assessed the outcomes of patients with suspected PE evaluated by various diagnostic pathways to determine the frequency of such outcomes. Two investigators independently extracted data, which was stratified by

PTP and by patients who were anticoagulated compared vs. those not anticoagulated. Results found that in patients with a low PTP and negative D-dimer, mortality from PE at 3-month follow-up was 0% (0/808) and VTE incidence was 0.37% (4/1094). In patients with intermediate PTP and negative D-dimer, mortality at 3-month follow-up from PE was 0% (0/2747) and the incidence of VTE was 0.46% (14/3015; 95%CI: 0.22-0.71). In patients with negative age-adjusted D-dimer and low to intermediate PTP, mortality from PE at 3-month follow-up was 0% (0/331) and the incidence of VTE was 0.30% (1/331; 95% CI: 0-0.89). In patients with intermediate PTP and negative CTPA, mortality from PE at 3-month follow-up was 0.13% (1/748; 95% CI: 0-0.40) and incidence of VTE was 0.27% (2/748; 95% CI: 0-0.64). Finally, in patients with high PTP and negative CTPA, mortality from PE at 3-month follow-up was 0% (0/651) and the incidence of VTE was 0.84% (11/1302; 95% CI: 0.35-1.34).

Patel et al (2020), in a systematic review and meta-analysis of 61 studies, reviewed the accuracy of Ddimer assay, compression ultrasonography (CUS), CTPA, and V/Q scanning for the diagnosis of suspected first and recurrent PE. Pooled estimates for D-dimer revealed sensitivity and specificity of 0.97 (95% CI, 0.96-0.98) and 0.41 (95% CI, 0.36-0.46) respectively. CTPA sensitivity and specificity were 0.94 (95% CI, 0.89-0.97) and 0.98 (95% CI, 0.97-0.99) and CUS sensitivity and specificity were 0.49 (95% CI, 0.31-0.66) and 0.96 (95% CI, 0.95-0.98). V/Q scans for which high probability scans were considered positive and low/nondiagnostic/normal scans were considered negative had a sensitivity and specificity of 0.58 (95% CI, 0.50-0.66) and 0.98 (95% CI, 0.96-0.99). The authors conclude that D-dimer had the highest sensitivity when compared with imaging, while CTPA and V/Q scans both had the highest specificity.

Squizzato et al (2017) conducted a systematic review and meta-analysis of 13 studies (total n = 1170) to systematically assess the diagnostic accuracy of MRI for PE diagnosis. 11/13 studies used MR contrast. Only 3 (23.1%) studies reported rate of inconclusive MRI results, ranging from 6.3 to 30.3% (mean prevalence of 19%) of all performed MRI. All 3 studies required imaging down to subsegmental arteries to exclude PE. After exclusion of technical inadequate results, MRI bivariate weighted mean sensitivity was 80.9% (95% CI, 68.2-89.4%) with a bivariate weighted mean specificity of 96.4% (95% CI, 92.4-98.3%). The authors conclude that MRI has high specificity but limited sensitivity for the diagnosis of PE. Inconclusive results are a major limitation to the practical application of MRI.

Stubbs et al (2017), in a retrospective study of 1300 consecutive V/Q exams, found that indeterminate scans were decreased from 72/589 (12.2%) in the planar group (P < 0.05) to 42/542 (7.7%) in the SPECT group. The authors concluded that V/Q SPECT has greater diagnostic certainty of PE with a reduction in an indeterminate scan frequency compared with planar scintigraphy.

Li et al (2016), in a systematic review/meta-analysis, concluded that MRA can be used for the diagnosis of acute PE, however, due to limited sensitivity, cannot be used as a stand-alone test to exclude acute PE. Five studies were included in the meta-analysis. The pooled sensitivity 0.83 (0.78-0.88) and specificity 0.99 (0.98-1.00) demonstrated that MRA diagnosis had limited sensitivity and high specificity in the detection of acute PE.

Phillips et al (2015), in a systematic review and meta-analysis of 19 studies (n = 5923 patients), showed no performance difference between V/Q SPECT and CTPA; planar V/Q is inferior. CTPA is clearly the most cost effective technique. V/Q SPECT should be considered in situations where radiation dose is of concern or CTPA is inappropriate.

### Low Level of Evidence:

Abdellatif et al (2021), in a systematic review and meta-analysis, investigated the accuracy of dual-

energy computed tomography (DECT) in the detection of acute pulmonary embolism (PE). A total of seven studies (total n = 182) were included in the review. Quality assessment of bias and applicability was conducted using the QUADAS-2 tool. Meta-analysis was performed to calculate mean estimates of sensitivity, specificity, positive likelihood ratio (PLR) and negative likelihood ratio (NLR). A total of 108 patients (59%) had PEs. Pooled analysis showed overall sensitivity and specificity of 88.9% (95% CI: 81.4%-94.1%) and 94.6% (95% CI: 86.7%-98.5%), respectively. The pooled PLR was 8.186 (95% CI: 3.726-17.986), and pooled NLR was 0.159 (95% CI: 0.093-0.270). Pooled diagnostic accuracy was 0.935. The authors conclude that DECT shows high sensitivity, specificity and diagnostic accuracy in detection of acute PE, but studies with larger sample sizes and standardized reference tests are still needed to increase the statistical power and support these findings.

Kornblum et al (2021) conducted a multisite retrospective study to evaluate the yield of CTPA for PE across a variety of care settings in a community-based healthcare system. A total of 7850 CTPA studies met criteria for inclusion and were reviewed. PE was found in 884 (11.3%) of studies performed. Outpatients had a lower yield of PE (3.8%, p<0.001) compared with inpatients (14.1%) and ED patients (10.7%, p<0.001). Patients with diagnosis of DVT or neoplasm had increased incidence of PE when compared to those without (p<0.001 for both). The authors conclude that overall yield of CTPA for PE in a community-based system is similar to that at academic centers.

Kaya et al (2019) prospectively examined diagnostic performance of contrast enhanced and unenhanced combined pulmonary and lower extremity MRI sequences (PA MRI and MRV) in diagnosing PE and DVT in 44 patients with suspected venous thromboembolism. Patients underwent CTPA for suspected PE, and also underwent PA MRI and MRV, and Doppler ultrasonography within 72 hours. Combined MRI included two sequences: unenhanced steady-state free precession (SSFP) and contrast-enhanced three-dimensional (3D) gradient echo (GRE). CTPA showed emboli in 33 patients (75%), while contrast-enhanced 3D-GRE MRI showed DVT in 34 (77%) subjects. Sensitivities for SSFP vs. 3D-GRE MRI in PE detection were 87.9% v. 100% on a per-patient basis, respectively, and 53.7% vs. 73% on a per-embolus basis, respectively. Of 34 patients with established DVT, 31 (91%) were detected by ultrasound and 29 (85%) detected by SSFP technique respectively. The authors conclude that both contrast-enhanced and unenhanced combined MRI are feasible one-stop-shopping techniques in patients with suspected thromboembolism.

Liu and Lacros (2019) prospectively evaluated whether hybrid SPECT/CT could significantly reduce potentially false-positive VQ SPECT studies or obviate the need for a ventilation study in suspected PE. Two specialists acquired SPECT/CT in 165 patients (mean age 64), and studies were compared to VQ SPECT and Q SPECT/CT. The authors noted two findings. First, that hybrid VQ SPECT/CT did not lead to a statistically significant decrease in the number of potentially false-positive VQ SPECT studies, and therefore its routine use is not justified. Secondly, CT did not obviate the need for a ventilation study.

Pressaco et al (2019) prospectively evaluated the feasibility and accuracy of a combined MRA-MRV protocol using contrast agents with blood pool properties (gadofosveset trisodium and gadobenate dimeglumine), compared with CTPA and Duplex ultrasound, in the evaluation of PE and DVT. A total of 40 emergency department patients with clinical suspicion for PE were included and received CTPA. Of these patients, 9 also underwent Duplex ultrasound for suspected DVT. MRA of the chest and MRV of the pelvis and thighs was then performed within 72 hours (95% of patients within 24 hours) using a single contrast injection. The results on a per-patient basis comparing MRA to CTPA for pulmonary embolus yielded 100% sensitivity and 97% specificity. In the subset of patients evaluated for DVT, MRV demonstrated sensitivity and specificity of 100%. The authors conclude that using contrast agents with

blood pool properties to perform a relatively rapid combined MRA-MRV exam to image for PE and above knee DVT shows potential as an alternative imaging choice to CTPA.

Chen et al (2017) conducted a meta-analysis of 10 studies (590 total cases) to compare the effects of MRI and CT in the assessment of PE. The MRI technique and the use of MR contrast in each study was not stated in the meta-analysis. In addition, the article does not provide information on the number of inconclusive or nondiagnostic MRI exams in the studies. The pooled sensitivity of CT was 0.90 (95% CI, 0.85-0.93) and pooled specificity of CT was 0.88 (95% CI, 0.77-0.95). The pooled sensitivity of MRI was 0.92 (95% CI, 0.89-0.94) and pooled specificity of MRI was 0.91 (95% CI, 0.77-0.97). The SROC curve areas under the curve of CT and MRI were 0.94 (95% CI, 0.91-0.96) and 0.93 (95% CI, 0.91-0.95), respectively. The authors conclude that this meta-analysis demonstrates that MRI has better sensitivity and specificity in detecting subsegmental artery PE.

Pasin et al (2017) performed a prospective evaluation of the accuracy of a free breathing True-FISP MRI (without contrast) for PE in 93 patients, using CTPA as the gold standard. PE prevalence was 22%. During the 1-year follow-up period, eight patients died, and PE was responsible for death in 12.5% of cases. Of the patients who developed PE, only 5% died due to this condition. There were no differences between MR and CT embolism detection in these subjects. MR sequences had a sensitivity of 85%, specificity was 98.6% and accuracy was 95.6%. Agreement between readers was high ( $\kappa$ = 0.87). The authors concluded that compared with contrast-enhanced CT, unenhanced MR sequences demonstrate good accuracy and no differences in the mortality rates in 1 year were detected.

Zhou et al (2015) conducted a systematic review and meta-analysis of 15 studies for patient accuracy and 9 studies for vessel accuracy on MRI. The authors concluded that MRI exhibits a high diagnostic capability with proximal arteries, but lacks sensitivity for peripheral embolism. The patient-based analysis yielded an overall sensitivity of 0.75 (0.70-0.79) and 0.84 (0.80-0.87) for all patients and patients with technically adequate images, respectively. The overall specificity was 0.80 (0.77-0.83) and 0.97 (0.96-0.98). On average, MRI was technically inadequate in 18.89% of patients (range, 2.10%-27.70%).

Lindner et al (2014) conducted a retrospective study to determine the diagnostic accuracy of D-dimer to rule out PE in 1,305 emergency department patients with renal insufficiency, in which D-dimer can be elevated. All patients had CTPA and D-dimer to work-up potential PE. Sensitivity of D-dimer for patients with an eGFR > 60 mL/min was 96% (95% CI: 0.93–0.99) and 100% (95% CI: 100-100%) for those with 30-60 mL/min eGFR, though specificity decreased significantly with impaired renal function. Because almost all patients with impaired renal function had elevated D-dimer irrespective of the presence of PE, the authors posit that future studies should be performed to determine renal function-adjusted D-dimer cutoffs for PE.

# PICO 4: High clinical suspicion for PE, or high pretest probability for PE based on a validated clinical prediction rule:

- Green CT pulmonary angiography (CTPA) or CT chest with IV contrast
- Yellow Ventilation-Perfusion lung scan (planar V/Q, V/Q SPECT, or V/Q SPECT/CT)
- Yellow Perfusion (Q) lung scan
   [patient unable to undergo CT and unable to undergo V/Q scan]
- Yellow Pulmonary MR angiography [patient unable to undergo CT; or when previous CT is indeterminate]
- Yellow CT venography or MR venography (lower extremities) [suspect DVT and ultrasound not available]
- Red CT chest without IV contrast or CT chest without and with IV contrast
- Red MRI chest

# Level of Evidence: High

<u>Notes concerning applicability and/or patient preferences</u>: Consulting and reporting requirements are not required for orders for applicable imaging services made by ordering professionals under the following circumstances (42 C.F.R. § 414.94. 2015):

- Emergency services when provided to individuals with emergency medical conditions.
- For an inpatient and for which payment is made under Medicare Part A.

V/Q SPECT and V/Q SPECT/CT were downgraded from green to yellow despite favorable accuracy in recent reports (Hess et al 2016. 2015; Stubbs et al 2017) because of concern surrounding the applicability and availability of this technology in the community outpatient setting (PLE expert panel consensus opinion).

Pulmonary MR angiography was downgraded from green to yellow despite favorable accuracy reported in the recent studies (Chen et al 2017; Squizzato et al 2017; and Pasin et al 2017) because of concerns about the applicability, expertise, and availability of emergent pulmonary MRA in an outpatient setting. Pulmonary MRA was also downgraded because of concerns over the rate of nondiagnostic MRI studies which was reported to be 6.3-30.3% in three of the studies in the Squizzato et al 2017 review, and 18.89% in the Zhou et al 2015 study. The use of MRI is also limited by concerns over the need to exclude electrical implants, metallic implants and foreign bodies in patients undergoing emergent imaging. The expert panel thought that if pulmonary MRA is to be performed to exclude PE, it should only be done in MRI centers with high field strength MRI systems, experience, and appropriate clinical expertise in pulmonary imaging (PLE expert panel consensus opinion).

# Guideline and PLE expert panel consensus summary:

A validated clinical prediction rule (e.g., Wells or Geneva score) should initially be used to estimate the pretest probability of patients with suspected PE (Raja et al [*ACP*] 2015; Streiff et al 2016; Konstantinides et al [*ESC*] 2019; Uresandi et al [*SEPAR*] 2013) or DVT (Kakkos et al [*ESVS*] 2021: class I, level C evidence). In a population with high pretest probability, use of a positive D-dimer alone to diagnose PE is not recommended (Lim et al [*ASH*] 2018).

# CT Pulmonary Angiography (CTPA) or CT Chest with IV contrast:

In patients with a high pretest probability or high clinical suspicion for PE, CTPA [or optimized CT chest with IV contrast] is the preferred method of diagnosis when available and the patient has no contraindications to contrast (Kirsch et al [*ACR*] 2022; Raja et al [*ACP*] 2015; Konstantinides et al [*ESC*] 2019; *NICE* 2020; Tran et al [*THANZ*] 2019, GRADE: Strong; Evidence, High; Lim et al [*ASH*] 2018; Beache et al [*ACR*] 2020). However, the negative predictive value of CTPA is only 60% in patients with a high pretest probability for PE (Konstantinides et al [*ESC*] 2019), and providers should consider further testing in cases where there is a substantial discordance between the clinical judgment and the CTPA result (Konstantinides et al [*ESC*] 2019). Patients with suspected recurrent PE and a likely pretest probability should undergo CTPA (Lim et al [*ASH*] 2018).

# V/Q Scanning:

Despite the high negative predictive value of a normal V/Q scan, its use has diminished considerably with the widespread use of CTPA (Kirsch et al [*ACR*] 2022). While V/Q scanning has a high negative predictive value, there is a high proportion of nondiagnostic studies, and V/Q scanning is unable to offer an alternative diagnosis (Kirsch et al [*ACR*] 2022). In patients with a clinical prediction rule indicating that PE is likely, V/Q scan can be considered if CTPA is not available, if the patient has an allergy to contrast media or severe renal impairment, or if the patient is at high risk from irradiation (*NICE* 2020; Raja et al [*ACP*] 2015; Tran et al [*THANZ*] 2019, GRADE: Strong; Evidence, High; Lim et al [*ASH*] 2018; Waxman et al [*SNMMI*] 2017; Beache et al [*ACR*] 2020).

Imaging protocols for V/Q scanning have evolved, and in some cases, perfusion (Q) scanning alone may be appropriate (e.g., patient cannot cooperate for ventilation imaging, known or suspected COVID-19) (Kirsch et al [*ACR*] 2022; Waxman et al [*SNMMI*] 2017; Zuckier et al 2020; Kooraki et al 2020).

The *European Association of Nuclear Medicine* (*EANM*) recommends that V/Q SPECT be used as it has been shown to outperform planar V/Q. The authors of the *ECS/ERS* 2019 guideline state, however, that the evidence supporting the use of V/Q SPECT with or without CT is limited, and conclude that large prospective studies are needed to validate SPECT techniques (Konstantinides et al [*ESC*] 2019).

In cases where clinical suspicion for PE remains high after CTPA (e.g., CTPA inconclusive or discordant with clinical probability), additional testing with V/Q scan may be considered (Lim et al [*ASH*] 2018). V/Q scanning may also be appropriate for lower extremity clots detected on ultrasound, but only when PE is likely and V/Q results are expected to change current therapy (Waxman et al [*SNMMI*] 2017; PLE expert panel consensus opinion). In patients with recent/prior documentation of PE (and suspected new PE), V/Q scan is appropriate if the prior imaging of PE was also completed with V/Q scan. If prior imaging was with CTPA, V/Q scan is rarely considered to be appropriate (Waxman et al [*SNMMI*] 2017).

# Pulmonary MR angiography:

Some guidelines note that MRA is not recommended for ruling out PE, as it has not been found to have the sensitivity or specificity required to detect segmental or subsegmental PEs and has a high proportion of inconclusive scans (Konstantinides et al [*ESC*] 2019, class III recommendation/level A evidence; Uresandi et al [*SEPAR*] 2013). Others note that MRA has potential use if pulmonary embolism is being considered (e.g., Kirsch et al [*ACR*] 2022; Beach et al [*ACR*] 2020). A recent systematic review/meta-analysis indicates that pulmonary MRA using newer techniques has a similar accuracy [to CT] for large vessel pulmonary embolism and may have a higher sensitivity for subsegmental pulmonary embolism (Chen et al 2017). As such, pulmonary MRA may be acceptable in patients who are unable to undergo CT, or when CTPA/CT chest is unable to rule out PE in the main, lobar, or segmental arteries (PLE expert panel consensus opinion).

# Ultrasound:

Ultrasound is the initial modality of choice for suspected deep vein thrombosis (DVT) (Kirsch et al [*ACR*] 2022; Hanley et al [*ACR*] 2018; Kakkos et al [*ESVS*] 2021: class I, level C evidence). Lower-limb ultrasound has largely replaced venography for diagnosing DVT, with a sensitivity of > 90% and a specificity of 95% for proximal symptomatic DVT (Konstantinides et al [*ESC*] 2019). While a negative ultrasound extremity study does not exclude PE, it significantly decreases its likelihood (Kirsch et al [*ACR*] 2022). For those with a clinical prediction rule score indicating that DVT is likely, a proximal leg vein ultrasound scan should be offered, followed by a D-dimer test if the scan result is negative (*NICE* 2020). If PE is not identified by CTPA or V/Q scan, consider a proximal leg vein ultrasound if DVT is suspected (*NICE* 2020; Lim et al [*ASH*] 2018).

A strategy starting with proximal lower extremity or whole-leg ultrasound is suggested for assessing patients suspected of having DVT in a population with high pretest probability (Lim et al [*ASH*] 2018; Kakkos et al [*ESVS*] 2021: class I, level C evidence). This should be followed by serial ultrasound if the initial ultrasound is negative and no alternative diagnosis is identified (Lim et al [*ASH*] 2018). Patients with likely pretest probability for recurrent DVT should undergo proximal lower extremity ultrasound (Lim et al [*ASH*] 2018). For patients with suspected DVT with a likely pre-test probability and negative compression ultrasound scanning, repeat ultrasound assessment should be considered after 5-7 days (Kakkos et al [*ESVS*] 2021: class IIa, level C evidence). For patients with symptomatic calf deep vein thrombosis not receiving anticoagulation, clinical re-assessment and repeat whole leg ultrasound after one week is recommended (Kakkos et al [*ESVS*] 2021: class I, level B evidence).

# CT Venography or MR venography:

Because CT uses ionizing radiation, compression ultrasound should be used instead of CT venography to exclude the presence of DVT (Kirsch et al [*ACR*] 2022). However, if ultrasound capability or expertise is not available, CT venography may be appropriate for suspected DVT (Hanley et al [*ACR*] 2018). For patients with suspected proximal deep vein thrombosis where ultrasound assessment is inconclusive or not feasible, computed tomography venography or magnetic resonance venography should be considered (Kakkos et al [*ESVS*] 2021: class IIa, level C evidence). CT venography is not recommended as an adjunct to CTPA (to increase the diagnostic yield) (Konstantinides et al [*ESC*] 2019, grade III recommendation/level B evidence; Uresandi et al [*SEPAR*] 2013). MR venography (MRV) is a noninvasive alternative to contrast catheter venography (Hanley et al [*ACR*] 2018).

### Pulmonary arteriography:

Pulmonary angiography is not free of risk and is rarely performed now as less-invasive CT angiography offers similar diagnostic accuracy (Konstantinides et al [*ESC*] 2019). Pulmonary angiography is invasive and should only be used in patients in whom the diagnosis is uncertain after V/Q scanning [and ultrasound of the lower extremity], or if CTPA is inadequate to rule out a PE in the main or lobar artery (Raja et al [*ACP*] 2015; PLE expert panel consensus opinion).

Clinical notes:

• For patients with suspected PE in whom diagnostic imaging is required, baseline chest radiographs should be obtained in all patients with pulmonary symptoms to exclude other causes for the patient's symptoms and signs and potentially avoid further diagnostic imaging (Kirsch et al [ACR] 2022; NICE 2020; Lim et al [ASH] 2018).

- There is insufficient evidence to support the use of the PERC in a non-low-risk population (Wolf et al [*ACEP*] 2018), and therefore the PERC should not be applied to patients at higher risk for PE (Raja et al [*ACP*] 2015).
- D-dimer testing should not be obtained in patients with a high clinical suspicion or pretest probability for PE as the results will not eliminate the need for anticoagulation therapy (Raja et al [ACP] 2015; Uresandi et al [SEPAR] 2013). A normal value does not exclude PE in patients with a high pretest probability (Konstantinides et al [ESC] 2019).
- Residual defects may complicate the interpretation of CTPA and V/Q in patients with recurrent PE (Choi et al 2016; den Exter et al 2015). If prior imaging is available, comparison of the previous and current imaging is warranted to determine whether the findings are new and represent recurrent PE (Lim et al [*ASH*] 2018).
- As many as 80% of PE cases are associated with DVT (Kirsch et al [ACR] 2022). For patients diagnosed with DVT, the prevalence of clinically silent PE increases with age, and is higher in patients with proximal DVT, compared with those with calf DVT (Kakkos et al [ESVS] 2021). However, for patients with DVT, routine investigation for occult PE in the absence of symptoms or signs is not recommended (Kakkos et al [ESVS] 2021: class III, level C evidence).
- Lower extremity ultrasound may be beneficial in:
  - Patients with symptoms of acute PE and DVT (Raja et al [*ACP*] 2015; Konstantinides et al [*ESC*] 2019);
  - Patients with a high pretest probability for PE with indeterminate or nondiagnostic CTPA or V/Q scans (PLE expert panel consensus opinion);
  - Patients in whom V/Q scanning cannot be done (Raja et al [ACP] 2015; or
  - Patients for whom CTPA is unable to rule out a PE in the main, lobar, or segmental PA (PLE expert panel consensus opinion).
- Pulmonary angiography is not free of risk, and is rarely performed now as less-invasive CT angiography offers similar diagnostic accuracy (Konstantinides et al [*ESC*] 2019). Pulmonary angiography is invasive and should only be used in patients in whom the diagnosis is uncertain after V/Q scanning [and ultrasound or the lower extremity], or if CTPA is inadequate to rule out a PE in the main or lobar artery (Raja et al [*ACP*] 2015; PLE expert panel consensus opinion).
- The risk of recurrent VTE after discontinuation of treatment is related to the features of the index VTE event (Konstantinides et al [*ESC*] 2019). Studies have found that the recurrence rate after discontinuation of treatment was < 3% per year after PE associated with known transient risk factors such as surgery. Patients with minor transient or reversible factors (such as pregnancy or a long-haul flight), non-malignant risk factors or no identifiable risk factor are at intermediate risk for recurrence (3-8%) and patients with active cancer or antiphospholipid antibody syndrome are at high risk for long term recurrence (>8%) (Konstantinides et al [*ESC*] 2019).

# Evidence update (2014-present):

# High Level of Evidence:

Hess et al (2016), in a systematic review and meta-analysis, reported the diagnostic performance of single-photon emission computed tomography (V/Q SPECT) with or without additional low-dose CT (SPECT/CT) and CT angiography (CTA). Eight articles met inclusion criteria. The authors concluded that V/Q SPECT, V/Q SPECT/CT, and CTA are all viable options, but consider V/Q SPECT/CT to be superior in most clinical settings with better overall diagnostic performance. Pooled sensitivities of V/Q SPECT/CT vs. CTA was (97.6 vs. 82.0%), specificities (95.9 vs. 94.9%), positive predictive values (93.0 vs. 93.8%), negative predictive values (98.6 vs. 84.7%), and accuracies (96.5 vs. 88.6%).

Fabiá Valls et al (2015) reported on a meta-analysis of four prospective studies evaluating a diagnostic algorithm using clinical prediction rules, D-dimer testing and CTPA in consecutive patients with clinically suspected PE and a history of VTE. Four studies concerning 1,286 patients were included with a pooled baseline PE prevalence of 36% (95% confidence interval [CI] 30–42). In only 217 patients (15%; 95% CI 11–20) PE could be excluded without CTPA. The three-month VTE incidence rate was 0.8% (95% CI 0.06–2.4) in patients managed without CTPA, 1.6% (95% CI 0.3–4.0) in patients in whom PE was excluded by CTPA and 1.4% (95% CI 0.6–2.7) overall. In the pooled studies, PE was safely excluded in patients with a history of VTE based on a CPR followed by a D-dimer test and/or CTPA, although the efficiency of the algorithm is relatively low compared to patients without a history of VTE (high level of evidence). One of these studies explicitly excluded patients with ongoing anticoagulation therapy. Two studies excluded patients on vitamin K antagonists. It is assumed that the final study also excluded patients with long term anticoagulant therapy as anticoagulant therapy was withheld in patients with low probability and normal D-dimer levels (high level of evidence).

Kan et al (2015), in a systematic review/meta-analysis, concluded that V/Q SPECT is an accurate method in acute PE patients with high sensitivity and high specificity in the diagnosis of PE. Nine studies met the inclusion criteria. The pooled sensitivity and specificity of V/Q SPECT in the diagnosis of acute PE patients, calculated on a per-patient-based analysis, was 96% (95% confidence interval 95-97%), and 97% (95% CI, 96-98%) respectively. The pooled negative LR, positive LR of V/Q SPECT in acute PE patients was 0.06 (range, 0.02-0.19) and 16.64 (range, 9.78-31.54). The area under the ROC curve of V/Q SPECT in the diagnosis of acute PE patients was 0.99.

# Moderate Level of Evidence:

Patel et al (2021), in a systematic review and meta-analysis of 22 studies (total n = 15,865), assessed the outcomes of patients with suspected PE evaluated by various diagnostic pathways to determine the frequency of such outcomes. Two investigators independently extracted data, which was stratified by PTP and by patients who were anticoagulated compared vs. those not anticoagulated. Results found that in patients with a low PTP and negative D-dimer, mortality from PE at 3-month follow-up was 0% (0/808) and VTE incidence was 0.37% (4/1094). In patients with intermediate PTP and negative D-dimer, mortality at 3-month follow-up from PE was 0% (0/2747) and the incidence of VTE was 0.46% (14/3015; 95%CI: 0.22-0.71). In patients with negative age-adjusted D-dimer and low to intermediate PTP, mortality from PE at 3-month follow-up was 0% (0/331) and the incidence of VTE was 0.30% (1/331; 95% CI: 0-0.89). In patients with intermediate PTP and negative CTPA, mortality from PE at 3-month follow-up was 0% (0/651) and the incidence of VTE was 0.30% (1/11); 95% CI: 0-0.40) and incidence of VTE was 0.27% (2/748; 95% CI: 0-0.64). Finally, in patients with high PTP and negative CTPA, mortality from PE at 3-month follow-up was 0% (0/651) and the incidence of VTE was 0.84% (11/1302; 95% CI: 0.35-1.34).

Patel et al (2020), in a systematic review and meta-analysis of 61 studies, reviewed the accuracy of Ddimer assay, compression ultrasonography (CUS), CTPA, and V/Q scanning for the diagnosis of suspected first and recurrent PE. Pooled estimates for D-dimer revealed sensitivity and specificity of 0.97 (95% CI, 0.96-0.98) and 0.41 (95% CI, 0.36-0.46) respectively. CTPA sensitivity and specificity were 0.94 (95% CI, 0.89-0.97) and 0.98 (95% CI, 0.97-0.99) and CUS sensitivity and specificity were 0.49 (95% CI, 0.31-0.66) and 0.96 (95% CI, 0.95-0.98). V/Q scans for which high probability scans were considered positive and low/nondiagnostic/normal scans were considered negative had a sensitivity and specificity of 0.58 (95% CI, 0.50-0.66) and 0.98 (95% CI, 0.96-0.99). The authors conclude that D-dimer had the highest sensitivity when compared with imaging, while CTPA and V/Q scans both had the highest specificity. Squizzato et al (2017) conducted a systematic review and meta-analysis of 13 studies (total n = 1170) to systematically assess the diagnostic accuracy of MRI for PE diagnosis. 11/13 studies used MR contrast. Only 3 (23.1%) studies reported rate of inconclusive MRI results, ranging from 6.3 to 30.3% (mean prevalence of 19%) of all performed MRI. All 3 studies required imaging down to subsegmental arteries to exclude PE. After exclusion of technical inadequate results, MRI bivariate weighted mean sensitivity was 80.9% (95% CI, 68.2-89.4%) with a bivariate weighted mean specificity of 96.4% (95% CI, 92.4-98.3%). The authors conclude that MRI has high specificity but limited sensitivity for the diagnosis of PE. Inconclusive results are a major limitation to the practical application of MRI.

Stubbs et al (2017), in a retrospective study of 1300 consecutive V/Q exams, found that indeterminate scans were decreased from 72/589 (12.2%) in the planar group (P < 0.05) to 42/542 (7.7%) in the SPECT group. The authors concluded that V/Q SPECT has greater diagnostic certainty of PE with a reduction in an indeterminate scan frequency compared with planar scintigraphy.

Li et al (2016), in a systematic review/meta-analysis, concluded that MRA can be used for the diagnosis of acute PE, however, due to limited sensitivity, cannot be used as a stand-alone test to exclude acute PE. Five studies were included in the meta-analysis. The pooled sensitivity 0.83 (0.78-0.88) and specificity 0.99 (0.98-1.00) demonstrated that MRA diagnosis had limited sensitivity and high specificity in the detection of acute PE.

Moores et al (2016) conducted a prospective study of 498 patients with high probability of PE and a completed CTPA study. CTPA excluded PE in 134 patients; in these patients, the pooled incidence of VTE was 5.2% (seven of 134 patients; 95% confidence interval [CI] 1.5–9.0). None of the patients had a fatal PE during follow-up. The authors concluded that "a negative multi-detector CTPA result alone may not safely exclude PE in patients with a high clinical retest probability".

Phillips et al (2015), in a systematic review and meta-analysis of 19 studies (n = 5,923 patients), showed no performance difference between V/Q SPECT and CTPA; planar V/Q is inferior. CTPA is clearly the most cost effective technique. V/Q SPECT should be considered in situations where radiation dose is of concern or CTPA is inappropriate (high level of evidence for diagnostic accuracy).

### Low Level of Evidence:

Abdellatif et al (2021), in a systematic review and meta-analysis, investigated the accuracy of dualenergy computed tomography (DECT) in the detection of acute pulmonary embolism (PE). A total of seven studies (total n = 182) were included in the review. Quality assessment of bias and applicability was conducted using the QUADAS-2 tool. Meta-analysis was performed to calculate mean estimates of sensitivity, specificity, positive likelihood ratio (PLR) and negative likelihood ratio (NLR). A total of 108 patients (59%) had PEs. Pooled analysis showed overall sensitivity and specificity of 88.9% (95% CI: 81.4%-94.1%) and 94.6% (95% CI: 86.7%-98.5%), respectively. The pooled PLR was 8.186 (95% CI: 3.726-17.986), and pooled NLR was 0.159 (95% CI: 0.093-0.270). Pooled diagnostic accuracy was 0.935. The authors conclude that DECT shows high sensitivity, specificity and diagnostic accuracy in detection of acute PE, but studies with larger sample sizes and standardized reference tests are still needed to increase the statistical power and support these findings.

Kornblum et al (2021) conducted a multisite retrospective study to evaluate the yield of CTPA for PE across a variety of care settings in a community-based healthcare system. A total of 7850 CTPA studies met criteria for inclusion and were reviewed. PE was found in 884 (11.3%) of studies performed. Outpatients had a lower yield of PE (3.8%, p<0.001) compared with inpatients (14.1%) and ED patients (10.7%, p<0.001). Patients with diagnosis of DVT or neoplasm had increased incidence of PE when

compared to those without (p<0.001 for both). The authors conclude that overall yield of CTPA for PE in a community-based system is similar to that at academic centers.

Banerjee et al (2019) developed a machine learning model approach, based on EMR data, for predicting PE imaging outcomes of 3,214 patients (mean age 60) referred for CT imaging. The model was evaluated in both multi-institutional inpatient and outpatient settings, and compared with clinical scoring systems (Wells, PERC, and rGeneva). The best-performing model achieved an AUROC performance of predicting a positive PE study of 0.90 (95%CI, 0.87-0.91) on intra-institutional holdout data with an AUROC of 0.71 (95%CI, 0.69-0.72) on an external data set. The authors conclude that the machine learning model may consider multitudes of patient-specific risk factors and dependencies in retrospective structured EMR data to arrive at an imaging-specific PE likelihood recommendation and may accurately be generalized to new population distributions. The findings of this study suggest that this model may be used as an automated CDS tool to improve use of PE-CT imaging in referred patients.

Chen et al (2017) conducted a meta-analysis of 10 studies (590 total cases) to compare the effects of MRI and CT in the assessment of PE. The MRI technique and the use of MR contrast in each study was not stated in the meta-analysis. In addition, the article does not provide information on the number of inconclusive or nondiagnostic MRI exams in the studies. The pooled sensitivity of CT was 0.90 (95% CI, 0.85-0.93) and pooled specificity of CT was 0.88 (95% CI, 0.77-0.95). The pooled sensitivity of MRI was 0.92 (95% CI, 0.89-0.94) and pooled specificity of MRI was 0.91 (95% CI, 0.77-0.97). The SROC curve areas under the curve of CT and MRI were 0.94 (95% CI, 0.91-0.96) and 0.93 (95% CI, 0.91-0.95), respectively. The authors conclude that this meta-analysis demonstrates that MRI has better sensitivity and specificity in detecting subsegmental artery PE.

Pasin et al (2017) performed a prospective evaluation of the accuracy of a free breathing True-FISP MRI (without contrast) for pulmonary embolism in 93 patients with CTPA as the gold standard. PE prevalence was 22%. During the 1-year follow-up period, eight patients died, and PE was responsible for death in 12.5% of cases. Of the patients who developed PE, only 5% died due to this condition. There were no differences between MR and CT embolism detection in these subjects. MR sequences had a sensitivity of 85%, specificity was 98.6% and accuracy was 95.6%. Agreement between readers was high ( $\kappa$ = 0.87). The authors concluded that compared with contrast-enhanced CT, unenhanced MR sequences demonstrate good accuracy and no differences in the mortality rates in 1 year were detected.

Zhou et al. (2015) conducted a systematic review and meta-analysis of 15 studies for patient accuracy and 9 studies for vessel accuracy on MRI. The authors concluded that MRI exhibits a high diagnostic capability with proximal arteries, but lacks sensitivity for peripheral embolism. The patient-based analysis yielded an overall sensitivity of 0.75 (0.70-0.79) and 0.84 (0.80-0.87) for all patients and patients with technically adequate images, respectively. The overall specificity was 0.80 (0.77-0.83) and 0.97 (0.96-0.98). On average, MRI was technically inadequate in 18.89% of patients (range, 2.10%-27.70%).

# PICO 5: Evaluation for a new or recurrent pulmonary embolism in patients on therapy for thromboembolic disease and the results are expected to modify current therapy:

- Green CT pulmonary angiography (CTPA) or CT chest with IV contrast
- Yellow Ventilation-Perfusion lung scan (planar V/Q or V/Q SPECT or V/Q SPECT/CT)
- Yellow Perfusion (Q) lung scan
   [patient unable to undergo CT and unable to undergo V/Q scan]
- Yellow Pulmonary MR angiography [patient unable to undergo CT; or when previous CT is indeterminate]
- Yellow CT venography or MR venography (lower extremities) [suspect DVT and ultrasound not available]
- Red CT chest without IV contrast or CT chest without and with IV contrast
- Red MRI chest

# Level of Evidence: PLE expert panel consensus opinion

<u>Notes concerning applicability and/or patient preferences:</u> Consulting and reporting requirements are not required for orders for applicable imaging services made by ordering professionals under the following circumstances (42 C.F.R. § 414.94. 2015):

- Emergency services when provided to individuals with emergency medical conditions.
- For an inpatient and for which payment is made under Medicare Part A.

V/Q SPECT and V/Q SPECT/CT were downgraded from green to yellow despite favorable accuracy in recent reports (Hess et al 2016; Stubbs et al 2017) because of concern surrounding the applicability and availability of this technology in the community outpatient setting (PLE expert panel consensus opinion).

Pulmonary MRA was downgraded from green to yellow despite favorable accuracy reported in the recent studies (Chen et al 2017; Squizzato et al 2017; and Pasin et al 2017) because of concerns about the applicability, expertise, and availability of emergent pulmonary MRA in an outpatient setting. Pulmonary MRA was also downgraded because of concerns over the rate of nondiagnostic MRI studies which was reported to be 6.3-30.3% in three of the studies in the Squizzato et al 2017 review, and 18.89% in the Zhou et al 2015 study. The use of MRI is also limited by concerns over the need to exclude electrical implants, metallic implants and foreign bodies in patients undergoing emergent imaging. The expert panel thought that if pulmonary MRA is to be performed to exclude PE, it should only be done in MRI centers with high field strength MRI systems, experience, and appropriate clinical expertise in pulmonary imaging (PLE expert panel consensus opinion).

# Guideline and PLE expert panel consensus summary:

Preventing frequent use of repeated CT requires thoughtful planning, and clinicians should educate patients about the risk of radiation from multiple CTs (PLE expert panel consensus opinion). When such patients develop symptoms, providers should review them in the context of their prior symptoms and discuss testing strategies with the patient (Raja et al [*ACP*] 2015). In patients with recurrent VTE despite anticoagulation, it is important for providers to first assess adherence to therapy and identify any clinical conditions associated with anticoagulation failure including cancer, antiphospholipid syndrome, heparin-induced thrombocytopenia, and vascular compression syndromes (Streiff et al 2016).

# CT Pulmonary Angiography (CTPA) or CT Chest with IV contrast:

CT angiography (CTA) is the clinical standard for excluding a pulmonary embolism (Kirsch et al [*ACR*] 2022; Beache et al [*ACR*] 2020; Lim et al [*ASH*] 2018), but should only be obtained if documentation of recurrent PE will change current therapy (PLE expert panel consensus opinion). Noncontrast chest CT can be used to assess for the presence of other noncardiac causes of chest pain (Beache et al [*ACR*] 2020).

# V/Q Scanning:

Despite the high negative predictive value of a normal V/Q scan, its use has diminished considerably with the widespread use of CTPA (Kirsch et al [*ACR*] 2022). However, among patients with a clinical prediction rule indicating that PE is likely, V/Q scan can be considered if CTPA is not available, if the patient has an allergy to contrast media or severe renal impairment, or if the patient is at high risk from irradiation (*NICE* 2020; Raja et al [*ACP*] 2015; Tran et al [*THANZ*] 2019, GRADE: Strong; Evidence, High; Lim et al [*ASH*] 2018; Waxman et al [*SNMMI*] 2017; Beache et al [*ACR*] 2020). If V/Q scanning is to be used to evaluate for recurrent PE, the previous documentation of PE should also have been completed with V/Q, however, and not CTPA (Waxman et al [*SNMMI*] 2017).

Imaging protocols for V/Q scanning have evolved, and in some cases, perfusion (Q) scanning alone may be appropriate (e.g., patient cannot cooperate for ventilation imaging, known or suspected COVID-19) (Kirsch et al [*ACR*] 2022; Waxman et al [*SNMMI*] 2017; Zuckier et al 2020; Kooraki et al 2020).

# Pulmonary MR angiography:

In general, the guideline consensus on MRA for PE is mixed, with some stating its use is not recommended (Konstantinides et al [*ESC*] 2019, class III recommendation/level A evidence; Uresandi et al [*SEPAR*] 2013), and others noting its potential use if pulmonary embolism is being considered (Kirsch et al [*ACR*] 2022; Beache et al [*ACR*] 2020). A recent systematic review/meta-analysis indicates that pulmonary MRA using newer techniques has a similar accuracy for large vessel pulmonary embolism, and may have a higher sensitivity for subsegmental pulmonary embolism (Chen et al 2017). As such, pulmonary MRA may be acceptable in patients who are unable to undergo CT, or when CTPA (or CT) are unable to rule out PE (PLE expert panel consensus opinion).

### Ultrasound:

Imaging of the lower extremity may be performed to exclude new or recurrent DVT (Kakkos et al [*ESVS*] 2021: class I, level C evidence). Because of the additional radiation, compression ultrasound should be used instead of CT venography when indicated to exclude the presence of DVT (Kirsch et al [ACR] 2022; Hanley et al [*ACR*] 2018).

### CT Venography or MR venography:

For patients with suspected proximal deep vein thrombosis where ultrasound assessment is inconclusive or not feasible, computed tomography venography or magnetic resonance venography should be considered (Kakkos et al [*ESVS*] 2021: class IIa, level C evidence). However, if ultrasound capability is not available, CT venography may be appropriate for suspected DVT (Hanley et al [*ACR*] 2018). CT venography is not recommended as a routine adjunct to CTPA (to increase the diagnostic yield) (Konstantinides et al [*ESC*] 2019, grade III recommendation/level B evidence; Uresandi et al [*SEPAR*] 2013). MR venography (MRV) is a noninvasive alternative to contrast catheter venography (Hanley et al [*ACR*] 2018).

### Clinical notes:

- The standard diagnostic algorithms apply in patients with a history of treated PE, although they are less efficient, with CTPA avoided in only 15% of patients with this history (Fabiá Valls et al 2015).
- Residual defects may complicate the interpretation of CTPA and V/Q in patients with recurrent PE (Choi et al 2016; den Exter et al 2015).
- An ultrasound at 3-6 months is useful as a baseline for comparison with future ultrasound for suspected recurrent DVT (Tran et al [*THANZ*] 2019).
- In general, a negative whole leg ultrasound is sufficient to exclude DVT (Tran et al [*THANZ*] 2019).

# Evidence update (2017-present):

# Moderate Level of Evidence:

Patel et al (2020), in a systematic review and meta-analysis of 61 studies, reviewed the accuracy of Ddimer assay, compression ultrasonography (CUS), CTPA, and V/Q scanning for the diagnosis of suspected first and recurrent PE. Pooled estimates for D-dimer revealed sensitivity and specificity of 0.97 (95% CI, 0.96-0.98) and 0.41 (95% CI, 0.36-0.46) respectively. CTPA sensitivity and specificity were 0.94 (95% CI, 0.89-0.97) and 0.98 (95% CI, 0.97-0.99) and CUS sensitivity and specificity were 0.49 (95% CI, 0.31-0.66) and 0.96 (95% CI, 0.95-0.98). V/Q scans for which high probability scans were considered positive and low/nondiagnostic/normal scans were considered negative had a sensitivity and specificity of 0.58 (95% CI, 0.50-0.66) and 0.98 (95% CI, 0.96-0.99). The authors conclude that D-dimer had the highest sensitivity when compared with imaging, while CTPA and V/Q scans both had the highest specificity.

Squizzato et al (2017) conducted a systematic review and meta-analysis of 13 studies (total n = 1170) to systematically assess the diagnostic accuracy of MRI for PE diagnosis. 11/13 studies used MR contrast. Only 3 (23.1%) studies reported rate of inconclusive MRI results, ranging from 6.3 to 30.3% (mean prevalence of 19%) of all performed MRI. All 3 studies required imaging down to subsegmental arteries to exclude PE. After exclusion of technical inadequate results, MRI bivariate weighted mean sensitivity was 80.9% (95% CI, 68.2-89.4%) with a bivariate weighted mean specificity of 96.4% (95% CI, 92.4-98.3%). The authors conclude that MRI has high specificity but limited sensitivity for the diagnosis of PE. Inconclusive results are a major limitation to the practical application of MRI.

### Low Level of Evidence:

Chen et al (2017) conducted a meta-analysis of 10 studies (590 total cases) to compare the effects of MRI and CT in the assessment of PE. The MRI technique and the use of MR contrast in each study was not stated in the meta-analysis. In addition, the article does not provide information on the number of inconclusive or nondiagnostic MRI exams in the studies. The pooled sensitivity of CT was 0.90 (95% CI, 0.85-0.93) and pooled specificity of CT was 0.88 (95% CI, 0.77-0.95). The pooled sensitivity of MRI was 0.92 (95% CI, 0.89-0.94) and pooled specificity of MRI was 0.91 (95% CI, 0.77-0.97). The SROC curve areas under the curve of CT and MRI were 0.94 (95% CI, 0.91-0.96) and 0.93 (95% CI, 0.91-0.95), respectively. The authors conclude that this meta-analysis demonstrates that MRI has better sensitivity and specificity in detecting subsegmental artery PE.

# PICO 6: Surveillance of established thromboembolic disease prior to completion of anticoagulation therapy

- Red CT pulmonary angiography (CTPA) or CT chest with IV contrast
- Red Ventilation-Perfusion lung scan
- Red Perfusion (Q) lung scan
- Red MRI or Pulmonary MR angiography
- Red MR venography or CT venography

Level of Evidence: PLE expert panel consensus opinion

#### Notes concerning applicability and/or patient preferences: none

#### Guideline and PLE expert panel consensus summary:

In patients with a history of PE, use of thoracic imaging tests is not recommended to evaluate the persistence of residual thrombosis or reperfusion of the initial defects (Uresandi et al [*SEPAR*] 2013). The patency of the pulmonary arterial bed is restored in most PE survivors within the first few months following the acute episode; therefore, no routine follow-up CTPA imaging is needed in such patients treated for PE (Konstantinides et al [*SEC*] 2019).

#### Clinical notes:

• The presence of residual defects on CTPA at 6 months is not predictive of recurrent VTE (den Exter et al 2015).

### Evidence update (2015-present):

### Moderate Level of Evidence:

den Exter et al (2015) conducted a prospective multi-center cohort study of 157 patients with acute PE diagnosed by CT pulmonary angiography (CTPA) who underwent follow-up CTPA-imaging after six months of anticoagulant treatment. After six months of treatment, complete PE resolution had occurred in 84.1% of the patients (95% confidence interval (CI): 77.4–89.4%). During follow-up, 16 (10.2%) patients experienced recurrent VTE. The presence of residual thromboembolic obstruction was not associated with recurrent VTE (adjusted hazard ratio: 0.92; 95% CI: 0.2–4.1). The authors conclude "These findings, combined with the absence of a correlation between residual thrombotic obstruction and recurrent VTE, do not support the routine use of follow-up CTPA-imaging in patients treated for acute PE".

### Low Level of Evidence:

Begic et al (2015) conducted a prospective observational study of 269 patients with suspected PE and no history of PE who underwent V/Q SPECT at index with follow-up at three and six months. They found that of the 100 patients with PE, 71% (48/67) had a normal V/Q scan at three months. Of the 35 patients with a normal V/Q scan (without risk factors) who stopped anticoagulation at three months, none developed a recurrent PE. The authors conclude that normalization of perfusion at three months was a reliable indicator that therapy could be withdrawn.

# PICO 7: Patients with a history of thromboembolic disease and clinical suspicion for chronic thromboembolic pulmonary hypertension (CTEPH):

- Green Ventilation-Perfusion lung scan (planar V/Q, V/Q SPECT, or V/Q SPECT/CT)\*
- Yellow CT pulmonary angiography (CTPA) or CT chest with IV contrast
- Yellow Perfusion (Q) lung scan [patient unable to undergo V/Q scan]
- Red MRI or Pulmonary MR angiography
- Red MR venography or CT venography

\* Echocardiography can also be a useful first line test in patients with suspected CTEPH (Humbert et al [*ESC/ERS*] 2022).

### Level of Evidence: Low

<u>Notes concerning applicability and/or patient preferences:</u> Consulting and reporting requirements are not required for orders for applicable imaging services made by ordering professionals under the following circumstances (42 C.F.R. § 414.94. 2015):

- Emergency services when provided to individuals with emergency medical conditions.
- For an inpatient and for which payment is made under Medicare Part A.

Lung perfusion MRI imaging has been reported to have a similar accuracy to V/Q scanning, however, access to this technology is currently limited (Helmersen et al [*CTS*] 2019). Lung perfusion MRI also requires complex image acquisition and post processing needs, and expertise in this area is limited. This modality was downgraded as it is thought to have limited applicability in the community environment (PLE expert panel consensus opinion).

### Guideline and PLE expert panel consensus summary:

Chronic thromboembolic pulmonary hypertension (CTEPH), a complication of acute PE, is an uncommon and under-diagnosed form of pulmonary hypertension (Humbert et al [*ESC/ERS*] 2022). In general, pulmonary hypertension tends to present with nonspecific symptoms, and chest radiography may often be the first imaging test that is performed (Sirajuddin et al [*ACR*] 2022). In patients with persistent or new-onset dyspnea or exercise limitation following PE, further diagnostic evaluation to assess for CTEPH is recommended (Humbert et al [*ESC/ERS*] 2022: class I, level C recommendation; Sirajuddin et al [ACR] 2022).

Routine screening (or follow-up imaging) for the presence of CTEPH after an acute PE may be appropriate in the following subpopulations (Humbert et al [*ESC/ERS*] 2022; Helmersen et al [*CTS*] 2019, GRADE 1C; Tran et al [*THANZ*] 2019, low; evidence moderate):

- Patients with acute PE who may already have CTEPH at initial presentation;
- Patients with acute PE who are at higher risk to develop CTEPH;
- Patients with acute PE who remain symptomatic despite 3 months of effective anticoagulation; and/or
- Other clinical indications for follow-up pulmonary vascular imaging.

# V/Q Scanning:

V/Q scanning is recommended as the initial advanced imaging test in patients with unexplained pulmonary hypertension to assess for CTEPH (Humbert et al [*ESC/ERS*] 2022: class I, level C recommendation; Sirajuddin et al [*ACR*] 2022; Jaff et al 2011; Helmersen et al [*CTS*] 2019, GRADE 1C). Either planar (96-97% sensitivity and 90-95% sensitivity) or SPECT V/Q (accuracy of 94%) are acceptable modalities for initial testing to rule out CTEPH (Sirajuddin et al [*ACR*] 2022; Helmersen et al [*CTS*] 2019; Humbert et al [*ESC/ERS*] 2022; Konstantinides et al [*ESC*] 2019). A normal perfusion (Q) scan effectively rules out the possibility of CTEPH, with a negative predictive value of 98% (Humbert et al [*ESC/ERS*] 2022; Helmersen et al [*CTS*] 2019; Sirajuddin et al [*ACR*] 2022).

# CT Pulmonary Angiography (CTPA) or CT Chest with IV contrast:

CTPA can be useful in the work-up of patients with suspected CTEPH (Humbert et al [ESC/ERS] 2022: class I, level C recommendation), particularly when V/Q scintigraphy is not available (PLE expert panel consensus opinion). When used, it can help detect direct or indirect signs of CTEPH, such as filling defects, webs or bands in the pulmonary arteries, pulmonary artery retraction/dilatation, mosaic perfusion, and enlarged bronchial arteries (Humbert et al [ESC/ERS] 2022). While CTPA has excellent specificity for CTEPH, it suffers from lower sensitivity when compared with V/Q scintigraphy (Humbert et al [ESC/ERS] 2022; Sirajuddin et al [ACR] 2022). Thus, while CTPA is gaining ground as a diagnostic modality in CTEPH, a negative, indeterminate, or technically poor CTPA does not exclude CTEPH (Helmersen et al [CTS] 2019). Patients with non-positive CTPA results and suspected CTEPH should be referred to an expert pulmonary hypertension center for further diagnostic testing, such as conventional pulmonary angiography (Helmersen et al [CTS] 2019). High-resolution CT scan of the chest (ideally performed with IV contrast) can be used as an alternative to CTPA in patients with moderate to severe pulmonary hypertension and may assist in the differential diagnosis of CTEPH by showing emphysema, bronchial, or interstitial lung disease, infarcts, and vascular or thoracic wall malformations (Sirajuddin et al [ACR] 2022; Humbert et al [ESC/ERS] 2022: class IIa, level C recommendation; Konstantinides et al [ESC] 2019). The use of dual-energy CT may provide additional diagnostic information, possibly increasing the diagnostic accuracy for CTEPH (Humbert et al [ESC/ERS] 2022).

# **MR** Imaging

Magnetic resonance imaging of the pulmonary vasculature is considered inferior to CT, and there are no data to support the use of MR pulmonary angiography alone as a first-line test for suspected pulmonary hypertension (Sirajuddin et al [*ACR*] 2022; Konstantinides et al [*ESC*] 2019). Therefore, the routine use of MR pulmonary angiography is typically not recommended to establish the diagnosis and/or to assess the anatomic extent and location of chronic thromboembolic material in patients with suspected CTEPH (Helmersen et al [*CTS*] 2019, GRADE 1C).

# **Echocardiography**

In general, ultrasound has good sensitivity and fair specificity for detecting moderate to severe pulmonary hypertension but does not perform well in detecting mild cases (Sirajuddin et al [ACR] 2022). Echocardiography can be a useful first line test in patients with suspected CTEPH (Humbert et al [ESC/ERS] 2022). Transesophageal echocardiography (TEE) is more useful in assessing pulmonary hypertension than transthoracic echocardiography but is more invasive and requires conscious sedation (Sirajuddin et al [ACR] 2022).

# Clinical notes:

• Patients with unexplained dyspnea, exercise intolerance or clinical evidence of right-sided heart failure, with or without prior history of symptomatic VTE, should be evaluated for CTEPH (Jaff et al [AHA] 2011/ Class I recommendation, level C evidence). Pulmonary function tests and analysis

of arterial blood gas or arterialized capillary blood are necessary to distinguish between pulmonary hypertension groups, assess comorbidities, and determine disease severity (Humbert et al [*ESC/ERS*] 2022).

- When present, the clinical symptoms of CTEPH may resemble those of acute PE or of pulmonary artery hypertension (PAH). In the latter context edema and hemoptysis occur more often in CTEPH, while syncope is more common in PAH (Konstantinides et al [*ESC*] 2019).
- In patients with pulmonary hypertension who are not anticoagulated, consider testing for acute PE according to clinical probability score. Acute PE can be an easily missed contributor to pulmonary hypertension, particularly in patients with co-existing lung and heart diseases (Helmersen et al [*CTS*] 2019).
- Findings of chronic thromboembolism on CTPA include intraluminal fibrous bands or webs, stenosis, partial occlusions, total occlusions (pouch defects), and eccentric organized thrombi that form an obtuse angle with the vessel wall (Helmersen et al [*CTS*] 2019; Konstantinides et al [*ESC*] 2019).
- A positive CTPA, confirming chronic thromboembolism, should prompt referral to an expert pulmonary hypertension center for establishment of a formal diagnosis of CTEPH and assessment of most appropriate treatment (Helmersen et al [*CTS*] 2019).

# Technical notes:

- If CTPA is used to differentiate CTEPH from idiopathic pulmonary arterial hypertension, 40- or 64- row MDCT technology is recommended at a center with local expertise (PLE expert panel consensus opinion).
- CTPA images may be non-diagnostic or suboptimal due to technical issues. Specific recommended technical criteria include a short breath hold acquisition (3–5 sec) as well as thin collimation and thin-slice reconstruction (≤ 1mm) in axial, coronal, and sagittal planes. 3-dimensional surface-shaded reconstructions may improve depiction of vessel cutoff. Maximum intensity projections and oblique reconstructions along the long axis of the left and right pulmonary arteries may also be helpful (Helmersen et al [CTS] 2019).

# Evidence update (2015-present):

### Moderate Level of Evidence:

Wang et al (2020) prospectively compared the performance of V/Q scanning, V/Q SPECT, and CTPA in CTEPH, using digital subtraction pulmonary angiography (PA) as the reference standard. A total of 150 participants (mean age 42 years) with suspected CTEPH were enrolled and underwent all four procedures within 1 week. Digital subtraction PA assessments confirmed CTEPH in 51 patients. All three imaging methods showed high sensitivity (V/Q SPECT, 98%; V/Q planar scintigraphy, 98%; CTPA, 94%) and specificity (V/Q SPECT, 89%; V/Q planar scintigraphy, 91%; CT PA, 96%) (all P > .05). However, both V/Q scanning techniques were more sensitive (V/Q SPECT: 85%, P < .001 vs CT PA: 67%; V/Q planar scintigraphy: 83%, P < .001 vs CT PA: 67%), and less specific (V/Q planar scintigraphy: 51%, P = .03 vs CT PA: 60%; V/Q SPECT: 42%, P < .01 vs CT PA: 60%) than was CTPA for segmental analysis. Areas under the curve for CTPA, V/Q planar scintigraphy, and V/Q SPECT were 0.95, 0.95, and 0.94, respectively (all P < .05), for individual analysis, and 0.64, 0.67, and 0.64, respectively, by segment (V/Q planar scintigraphy vs V/Q SPECT, P = .02; V/Q planar scintigraphy vs CT PA, P = .08; V/Q SPECT vs CT PA, P = .94). The authors conclude that V/Q scanning was more sensitive and less specific than CTPA for detecting vascular obstructions at the segmental pulmonary arterial level.

# **Guideline exclusions:**

- Cases meeting the definition of a suspected or confirmed emergency medical condition
- Positron emission tomography (PET) imaging
- Detection of PE in patients during pregnancy
- Pediatric patients

# **AUC Revision History:**

<b>Revision Date</b>	New Clinical Scenario	Approval Body
07/25/2017	Initial Document Development	CDI Quality Institute's Multidisciplinary Committee
07/31/2018	N/A	CDI Quality Institute's Multidisciplinary Committee
09/10/2019	N/A	CDI Quality Institute's Multidisciplinary Committee
10/20/2020	N/A	CDI Quality Institute's Multidisciplinary Committee
11/09/2021	N/A	CDI Quality Institute's Multidisciplinary Committee
03/14/2023	N/A	RAYUS Quality Institute's Multidisciplinary Committee

Information on our evidence development process, including our conflicts of interest policy is available on our website at <a href="https://www.rayusradiology.com/ple">https://www.rayusradiology.com/ple</a>



# Appropriateness of Advanced Imaging in Patients with Pulmonary Embolism Bibliography

03/14/2023

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