Ankle and Hindfoot - Systematic Reviews & Meta-Analyses

Bibliographic Cite	PMID Link	Literature	Level of	Purpose	Population	Intervention and Outcome Measures	Results/ Recommendations	Study Limitiations
		Туре	Evidence					
Barini M, Zagaria D, Licandro D, et al. Magnetic resonance accuracy in the diagnosis of anterior talo-fibular ligament acute injury: A systematic review and meta-analysis. Diagnostics (Basel). 2021; 11(10):1782.	34679480	Systematic review and meta-analysis	Low level of evidence	To analyze the diagnostic accuracy of MRI on acute anterior talo-fibular ligament (ATFL) injjury.	The following criteria were used to include qualified studies: (1) cohort-type or cross sectional studies; (2) evaluated MRI for the diagnosis of acute ATFL, with MRI performed within three months of the injury; (3) compared imaging results with arthroscopic or surgical findings as reference standards; and (4) reported data that enabled the calculation of the respective numbers of true positive (TP), true negative (TN). The studies that met the following criteria were excluded: (1) chronic injury patients; (2) patients with confounding factors like ankle fracture or a history of previous foot and/or ankle surgeries; (3) did not clearly describe arthroscopic or surgical findings as their reference standards; (4) cadaveric studies or studies utilizing animal models; and (5) non-English articles.	Relative studies were retrieved after searching three databases (MEDLINE, SCOPUS, and Cochrane Central Register of Controlled Trails). Eligible studies were summarized. Two authors independently extracted data and compiled a custom checklist for this review. The results of the two authors were cross validated and the discrepancies were mediated by a third author. The quality of the included articles was assessed using the revised Quality Assessment of Diagnostic Accuracy Studies (QUADAS- 2) tool, through which the risk of bias was assessed in terms of patient selection, index test and reference standard. Pooled estimates of sensitivity, specificity, and positive/negative likelihood (with corresponding 95% confidence intervals [CIs]) were analyzed based on the bivariate model.	Seven studies met the inclusion and exclusion criteria. For MRI, the pooled sensitivities and specificity in diagnosing acute ATE Linjury were respectively 1.0 (95% CI: 0.58–1) and 0.9 (95% CI: 0.79–0.36). Pooled LR+ and LR- were respectively 10.4 (95% CI: 4.6–23) and 0 (95% CI: 0–0.82). The authors conclude that results demonstrated that MRI shows high diagnostic accuracy in the diagnosis of acute ATFL lesions. These results suggest that routine MRI in the case of suspected ATFL acute injury may be clinically useful, although this is not done in clinical practice due probably to high cost.	The authors believe that their reliability may be limited by some bias. For example, great heterogeneity was present among the included studies in terms of timing of MRI after the traumatic event; further research is needed to identify any differences in the diagnostic performance of MRI as its timing varies. Furthermore, while some of the studies did not report precise selection criteria for patients operated on and/or undergoing arthroscopy, others considered for these procedures only patients with particularly severe clinical pictures or with other clinical or instrumental findings suggestive of ATL lesions, scut as Talar Til > 15 on stress X rays or a positive Drawer test on physical examination. This may have biased our results, since MRI was performed on a patient population with a high pretest probability of ATFL injury.
Cao S, Wang C, Ma X, Wang X, Huang J, Zhang C. Imaging diagnosis for chronic lateral ankle ligament injury: A systemic review with meta-analysis. J Orthop Surg Res.	29788978	Systematic review and meta-analysis	Low level of evidence	To explore the effectiveness of different imagin techniques it diagnosing chronic lateral ankle ligament injury.	Fifteen studies met inclusion and exclusion criteria and a total of 695 participants were included. The studies that met the following criteria were included: (1) cohort-type or cross- sectional studies; (2) evaluated MRI and/or US and/or stress radiography and/or arthrography for the diagnosis of chronic ATFL and/or CFL injury; (3) comparing imaging results with arthroscopic or surgical findings as reference standards, and (4) reported data that enabled the calculation of the number of true positive (TP), true negative (TN), false positive (FP), and false negative (TN). The following criteria were used to exclude underqualified studies: (1) acute injury patients; (2) patients with confounding factors like ankle fracture, history of previous foot, and ankle surgeries; (3) without clearly described arthroscopic or surgical findings as their reference standards; (4) cadaveric studies or studies utilizing animal models; and (5) non-English articles.	Relative studies were retrieved after searching 3 databases (MEDLINE, EMBASE, and Cochrane Central Register of Controlled Trails). Eligible studies were summarized. Data were extracted to calculate pooled sensitivity and specificity of magnetic resonance imaging (MRI), ultrasonography (US), stress radiography, and arthrography. Retrieved articles from each database were at first screened for duplication. Then, after titles and abstrate screening, relevant studies for this systemic review undervent full-text screening. Eligible studies were included according to the aforementioned inclusion and exclusion criteria. The extracted data include authors, publication years, demographic features of participants, study design, index tests, gold standards, and the numbers of true positive, false negative, false positive, and true negative subjects. Two authors independently extracted these data and filled previously drafted forms for this review. Results of the two authors were cross-validated, and discrepancies were mediated by the third author. The quality of the included articles was assessed interms of patient selection, index test, and reference standard. Sensitivity and specificity of each index test in individual study were calculated in Meta-DiSc, version 1.4.0, using the extracted data of T. PK, PF, and TN. Pooled sensitivity and specificity were calculated using the total number of TP, FN, FP, and TN subjects in all relevant studies.	The pooled sensitivities in diagnosing chronic ATFL Injury were 0.83 [0.78, 0.87] for MRI, 0.99 [0.96, 1.00] for US, and 0.81 [0.68, 0.90] for stress radiography. The pooled specificities in diagnosing chronic ATFL injury were 0.79 [0.69, 0.87] for MRI, 0.91 [0.82, 0.97] for US, and 0.92 [0.79, 0.98] for stress radiography. The pooled sensitivities in diagnosing chronic CFL injury were 0.58 [0.46, 0.66] for MRI, 0.94 [0.85, 0.98] for US, and 0.90 [0.73, 0.98] for arthrography. The pooled specificities in diagnosing chronic CFL injury were 0.88 [0.82, 0.93] for MRI, 0.91 [0.80, 0.97] for US, and 0.90 [0.77, 0.97] for arthrography. The authors conclude that this systematic review with meta-analysis investigated the accuracy of imaging for the diagnosis of chronic Lateral ankle ligament injury. Ultrasound manifested high diagnostic accuracy in diagnosing chronic lateral ankle ligament injury. Clinicians should be aware of the limitations of MRI in detecting chronic CFL injuries.	diagnostic tests, it is common to include case- control studies considered as high risk of bias. Case- control studies create a preselected patient population and should be interpreted with caution.
Chun DI, Cho JH, Min TH, Park SY, Kim KH, Kim JH, Won SH. Diagnostic accuracy of radiologic methods for ankle syndesmosis injur: A systematic review and meta-analysis. J Clin Med. 2019; 8(7). Pii: E968. doi: 10.3390/jcm8070968.	31277316	Systematic review and meta-analysis	Low level of evidence	To determine whether radiologic tests accurately and reliably diagnose ankle syndesmosis injury.	A total of 8 studies were included for the qualitative synthesis, with 6 of them used for meta-analysis. Exclusion criteria included lateral ankle sprain, cadaver studies, and review articles. Research duration ranged from 1995 to 2017.	The authors conducted a cross-search of all related literature in MEDLINE through March 2017 and used an optimally sensitive Cochrane Collaboration search strategy using MESH headings for both anatomic and radiologic terms. They also searched EMBASE from 1978 to March 2017 and the Cochrane Library for studies that met the following criteria: (1) All adult patients who had results of radiologic evaluation for syndemosis regardless of the method and (2) studies that reported accurate measurements. The exclusion criteria were: (1) Studies son lateral ankle sprains, (2) animal or cadaver studies, and (3) review articles. The initial screening test of the electronic databases for study selection was based on information in the title and abstract. Two of the authors independently selected all articles by following the above criteria while assessing their quality, and all authors discussed the studies before final selection, including to resolve any disagreements. Two authors independently assessed the methodological quality of the studies and the data extraction, and discrepancies were resolved by consensus. We assessed risk of bias using the Quality in Prognosis Studies (QUIPS) tool. The authors calculated sensitivity, specificity, diagnostic odds ratios, likelihood ratios, and positive and negative prediction values with 95% CIs. They performed subgroup meta-analyses by test and compared each diagnostic test.	Syndesmosis injuries differed significantly in the accuracy of radiological methods according to the presence of accompanied ankle fractures. In patients with	First, the authors only included a few studies, primarily because inclusion criteria required only studies that reported accuracy measurements, and thus excluded many clinical studies on the diagnosis of syndemosis injury. Second, they did not include prospective studies on the diagnosis of syndemosis injury hecause there were too few related studies. Third, they did meta-analysis involving syndesmosis injury with ankle fractures, not only without fracture type. Fourth, they could not involve the weight bearing CT scan. Fifth, although they used the random- effects model for the meta-analysis to overcome the heterogeneity of each of the studies, they could not overcome it completely. This is thought to be due to the use of various tools in the diagnosis of an ankle syndesmosis injury, and a more delicate future study will be needed.

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Drake C, Whittaker GA, Kaminski MR, et al. Medical imaging for plantar heel	35065676	Systematic review and	Moderate level of	To synthesize medical imaging	Eligible articles were peer-reviewed studies published in the English language. Studies had	The study conducted searches in MEDLINE, CINAHL, SPORTDiscus, Embase and the Cochrane Library from inception to 12th February 2021.	Forty-two studies (2928 participants) were identified and included in analyses. Only 21% of studies were rated 'good'	Firstly, it is possible that some appropriate studies may not have been identified and included. Studies
pain: A systematic review and meta-		meta-analysis	evidence	features	to be cross-sectional observational studies that			were only included if they reported medical
analysis. J Foot Ankle Res. 2022;				associated with	compared medical imaging findings from a	English that compared medical imaging findings in adult participants		imaging findings in adult participants with PHP and
15(1):4.				plantar heel pain.	group of adult participants with PHP to an	with plantar heel pain to control participants without plantar heel pain		compared these findings with those from
					independent control group of adult	were included. Study quality and risk of bias was assessed using the		independent control participants who were
					participants without PHP. Studies were	National Institutes of Health quality assessment tool for observational		asymptomatic of PHP. In doing so, 15 studies that
					excluded if they exclusively compared a	cohort and cross-sectional studies. Sensitivity analyses were conducted		did not meet these criteria were excluded and
					symptomatic foot with the contralateral	where appropriate to account for studies that used unblinded assessors.	evidence from more than one study that there is increased	therefore, all imaging features associated with PHP
					asymptomatic foot of the same participant			may not have been included in this review.
					(e.g. no independent control group			Secondly, there was substantial heterogeneity in
					comparison) – this was done to avoid confounding where the condition may have			most of the meta-analyses and only one-fifth of studies were rated 'good' on quality assessment.
					been developing in the contralateral foot but		pain are more likely to have a thickened plantar fascia,	The majority of studies also did not report inter-
					was still asymptomatic. Studies were also			and intra assessor reliability for imaging
					excluded if they included participants who had			observations, which may have affected the
					any self-reported inflammatory arthritis (e.g.			accuracy of the imaging observations made. Lastly,
					seronegative arthropathy),			some of the meta-analyses included only two
					endocrine/neurological condition (e.g. diabetic			studies, and relatively small sample sizes, so the
					peripheral neuropathy), surgery (e.g. joint		studies investigating medical imaging findings for some of	precision of the estimates of the associations for
					fusion), or trauma (e.g. major fractures) that			these analyses may be less than ideal.
					had affected lower limb sensation or their		precision of these findings and determine their clinical	chese analyses may be less than ideal.
					ability to walk/run and if relevant to the		relevance.	
					imaging modality of interest.			
Krahenbuhl N, Weinberg MW,	29188345	Systematic	Low level	To give a	Studies were included if they were original	A systematic literature search across the following sources was	The three most common techniques used for assessment of	Many studies using MRI failed to note how
Davidson NP, Mills MK, Hintermann B,		review	of	systematic	research studies (incl. cadaver studies) that	performed: PubMed, ScienceDirect, Google Scholar, and SpringerLink.	the syndesmosis in conventional radiographs are the	long had passed between when the MRI was
Saltzman CL, Barg A. Imaging in		1	evidence	overview of	assessed the distal tibio-fibular syndesmosis	Forty-two articles were included and subdivided into three groups:	tibiofibular clear space (TFCS), the tibio-fibular overlap (TFO),	obtained and when the surgery was performed.
syndesmotic injury: A systematic		1		current diagnostic	using conventional radiographs/ fluoroscopy,	group one consists of studies using conventional radiographs (22	and the medial clear space (MCS). Regarding CT scans, the	Too much time between the index test and the
literature review. Skeletal Radiol.				imaging options	CT scans, or MRI. Exclusion criteria consisted of	articles), group two includes studies using computed tomography (CT)	tibiofibular width (axial images) was most commonly used.	reference standard could cause bias. Correlating
2018; 47(8):631-648.				for assessment of	studies that used incomplete data (i.e.	scans (15 articles), and group three comprises studies using magnet	Most of the MRI studies used direct assessment of	MRI findings with patients' complaints can be
				the distal tibio-	intraoperative assessment without	resonance imaging (MRI, 9 articles). The following data were extracted:		difficult, and utility with subtle syndesmotic
				fibular	preoperative evaluation), studies that were	imaging modality, measurement method, number of participants and		instability needs further investigation.
				syndesmosis.	published as either case reports or review	ankles included, average age of participants, sensitivity, specificity, and	authors conclude that conventional radiographs cannot	
					articles, finite-element modeling studies,	accuracy of the measurement technique. The Quality Assessment of	predict syndesmotic injuries reliably. CT scans outperform	
					studies including less than five participants and	Diagnostic Accuracy Studies 2 (QUADAS-2) tool was used to assess the	plain radiographs in detecting syndesmotic malreduction.	
					studies written in another language than	methodological quality. The study selection process was conducted	Additionally, the syndesmotic interval can be assessed in	
					English, German, French, or Russian.	independently by three reviewers. The decision to include or exclude the	greater detail by CT. MRI measurements achieve a sensitivity	
					Furthermore, studies that did not have their	study was made based on a group consensus agreement. Disagreements	and specificity of nearly 100%; however, correlating MRI	
					full text available were excluded. Overall, the	were discussed and a group consensus was reached. The Quality	findings with patients' complaints is difficult, and utility with	
					average patient age was 42.4 years in group	Assessment of Diagnostic Accuracy Studies 2 (QUADAS-2) tool was used	subtle syndesmotic instability needs further investigation.	
					one, 42.7 in group two, and 32.9 in group	to assess the methodological quality.	Overall, the methodological quality of these studies was	
					three. A total of 3,246 patients (3,441 ankles)		satisfactory.	
					were assessed.			
Llewellyn A, Jones-Diette J, Kraft J, et	31670644	Systematic	High level	To systematically review the	Participants were any patients with suspected	The authors conducted a systematic review of imaging tests to diagnose osteomyelitis. They searched MEDLINE and other databases from		Most studies included < 50 participants and were
al. Imaging tests for the detection of		review	of		osteomyelitis (based on symptoms, surgical			poorly reported. There was limited evidence for
osteomyelitis: A systematic review.			evidence	evidence on the	samples or blood tests). No restrictions were	inception to July 2018. Titles and abstracts and the full texts of studies		children, ultrasonography and on clinical factors
Health Technol Assess. 2019; 23(61):1-				diagnostic	made for age or disease etiology.	were independently assessed for inclusion by two reviewers.		other than diagnostic accuracy.
128.				accuracy, inter-		Disagreements were resolved through discussion and, where necessary,	a high risk of bias. In adults, MRI had high diagnostic accuracy	
				rater reliability		consultation with a third reviewer. Risk of bias was assessed with	[95.6% sensitivity, 95% confidence interval (CI) 92.4% to	
				and		QUADAS-2 [quality assessment of diagnostic accuracy studies (version	97.5%; 80.7% specificity, 95% CI 70.8% to 87.8%]. PET also	
				implementation		2)]. Diagnostic accuracy was assessed using bivariate regression models.	had high accuracy (85.1% sensitivity, 95% CI 71.5% to 92.9%;	
				of imaging tests		Imaging tests were compared. Subgroup analyses were performed based		
				to diagnose		on the location and nature of the suspected osteomyelitis. Studies of	(95.1% sensitivity, 95% CI 87.8% to 98.1%; 82.0% specificity,	
				osteomyelitis.		children, inter-rater reliability and implementation outcomes were	95% CI 61.5% to 92.8%). There was similar diagnostic	
		1				synthesized narratively.	performance with MRI, PET and SPECT. Scintigraphy	
		1					(83.6%sensitivity, 95% CI 71.8% to 91.1%; 70.6% specificity,	
		1					57.7% to 80.8%), computed tomography (69.7% sensitivity,	
		1					95% CI 40.1% to 88.7%; 90.2% specificity, 95% CI 57.6% to	
		1					98.4%) and radiography (70.4% sensitivity, 95% Cl 61.6% to	
		1					77.8%; 81.5% specificity, 95% CI 69.6% to 89.5%) all had	
		1					generally inferior diagnostic accuracy. Technetium-99m	
		1					hexamethylpropyleneamine oxime white blood cell	
							scintigraphy (87.3% sensitivity, 95% CI 75.1% to 94.0%; 94.7% specificity, 95% CI 84.9% to 98.3%) had higher diagnostic	
		1						
							accuracy, similar to that of PET or MRI. There was no evidence that diagnostic accuracy varied by scan location or	
							evidence that diagnostic accuracy varied by scan location or cause of osteomyelitis, although data on many scan locations	
							were limited. Diagnostic accuracy in diabetic foot patients	
							was similar to the overall results.	
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lewellyn A, Kraft J, Holton C, et al.	32862106	Systematic	Moderate	To review the	Participants were any patient with diabetic	Searches were performed in August 2017 and updated in July 2018. The	Thirty-six studies were included in the meta-analysis. Eight	The limitations of this review are largely a
maging for detection of osteomyelitis		review and	level of	evidence on the	foot ulcers with suspected osteomyelitis. All	following databases were searched: MEDLINE, EMBASE, CENTRAL,	studies were at high risk of bias. MRI had high diagnostic	consequence of the limitations in the identified
n people with diabetic foot ulcers: A		meta-analysis	evidence	diagnostic	diagnostic imaging technique that could	Cochrane Database of Systematic Reviews (CDSR), CINAHL Plus, PubMed,	accuracy (22 studies: 96.4% sensitivity (95% CI 90.7 to 98.7):	studies. There were numerous concerns about the
systematic review and meta-analysis.				accuracy of	potentially identify osteomyelitis, either alone			potential for bias in the included studies. Most
Eur J Radiol. 2020; 131:109215.				imaging tests to	or in combination with other relevant tests,	Assessment (HTA) Database. Titles and abstracts and full text of studies	accuracy (6 studies: 84.3% sensitivity (52.8 to 96.3); 92.8%	studies were small, with fewer than 50
				diagnose	were eligible, including: X-rays, magnetic	were independently assessed for inclusion by two reviewers. The main	specificity (75.7 to 98.2)), and possibly also SPECT, but with	participants, and were conducted retrospectively.
				osteomyelitis in	resonance imaging (MRI), computed		few studies (3 studies: 95.6% sensitivity (76.0 to 99.3); 55.1%	Risk of bias assessment suggested potential bias
				people with	tomography (CT), positron emission	to the reference standard expressed as sensitivity (percentage of people		due to unclear methods of patient selection and
				diabetic foot	tomography (PET), planar scintigraphy, single-		sensitivity (76.8 to 89.6); 67.7% specificity (56.2 to 77.4)), and	
				ulcers.	positron emission computed tomography	(percentage of people without osteomyelitis with a negative test result).	X-rays (16 studies: 61.9% sensitivity (50.5 to 72.1): 78.3%	standards. However, sensitivity statistical analyse
						Studies reporting sensitivity and specificity, or sufficient data to calculate		found no evidence that these concerns led to
								actual biases in the results. Some imaging tests
						study characteristics, details of diagnostic tests, and reference standard	reliably diagnose osteomyelitis in diabetic foot ulcer patients.	were reported in few studies, particularly
					aspiration. Surgery was also accepted as	tests. Risk of bias of the included studies was assessed using the	SPECT may also have good diagnostic accuracy, although	ultrasound and SPECT scans, so authors were no
					reference standard. As biopsies are invasive,	QUADAS-2 tool. Diagnostic tests were compared by examining summary		able to fully assess their diagnostic accuracy.
					clinical follow-up of at least six months was	diagnostic odds ratios derived from the logistic regression models and by		, , ,
					accepted as confirmation of absence of	comparing summary ROC curves.	most cases, given its wider availability and the lack of	
					disease. Studies were excluded if a positive		potentially harmful ionizing radiation.	
					osteomyelitis diagnosis was made by clinical			
					follow-up alone or by using a second imaging			
					test.			